A Brief Explanation about these notes

God's blessings be with You.

My name is Rafał Dziedzic. For some time now, I have been running the blog "Zapiski z zielonego zeszytu" (Notes from the green notebook.) This book is a paper version of the prayers and testimonies that I posted there. If you are interested, please visit the website www.zielonyzeszyt1977.pl – there you will find, among other posts, prayers and testimonies in more "multimedia" versions.

You may be wondering who I am and why I choose to "litter" the Internet with some private notes. To be honest, I don't think I have a satisfactory answer. I myself am surprised about what my life is like today and how much it has changed since I invited Jesus into it. I see Him sending me to places I would never go myself and how He gives me the courage to do things I would never choose by myself to do. After all, not so long ago I was an atheist who did not believe in the existence of God, who was convinced that all religions were created only to manipulate people. And suddenly, in a split second, all that I was died and I was born again. As a new man. And in this new life, one of the first discoveries was the Living Word found in the Scriptures; the Word that led me to rediscover the beauty of the Catholic Church. I am in love with it (this may not sound quite right, but so far I have not found a better term ☺) and I bless the Lord that He allowed me to be born and to live in a country where I can still participate in the Eucharist every day in a church that is located several hundred meters from my apartment.

Sometime after my rebirth (which took place at the end of April 2015), I developed a strong desire to keep notes - I didn't know what they would be about, but I knew I had to buy a notebook, a good pen and be ready for what would take place. So I bought a green notebook and the first sentences appeared (August 20, 2016). The words turned out to be a prayer. After some time, more appeared - also in the form of prayers. And so, every few days I felt a call to write. From time to time, the written sentences were more like testimonies - although not in a typical sense. After a while, the words appeared regularly on a daily basis. This continued until January 2017, when I felt that I was nearing the end of this assignment, and the prayers began appearing less and less frequently. I had the feeling that everything that was to be communicated was already written down.

The next step was to record all the prayers in audio form and combine them with the visual image. The first "multimedia" prayer appeared on YouTube on January 23, 2017. The last one was posted almost 2.5 years later - on May 21, 2019.

I believe there will be people who will find that these recorded prayers can help them develop a greater adoration of our Creator and lead them to an even greater trust in Him. In this way they can give themselves over to Him completely and to dissolve in His love, joyfully repeating with Saint Paul: "It is no longer I who live, but Christ who lives in me." (Gal 2:20).

Prayer for the Beginning of the Day

Entrusting to God everything that I encounter today

Almighty God, beloved Father, let me surrender unto You everything that I will have to face today; all the worries, the troubles and tasks, and also all the pleasures, joys and successes. Today I choose to adore You in everything. I choose to search Your will in all my activities, as I want to be strong in Your strength.

To You I give all my desires, all my expectations, all that I call "mine." I only want for me what You have prepared for me. I accept with a humility and love all that You want me to experience today. I accept with humility and love all that will happen to me.

And I will not listen to the whispers of my mind that might say that what will happen in my life today is "bad" or "should not happen." I want to spend this day like a child who knows only that he is in the arms of his beloved Father whom he trusts completely; a child who trusts that all that happens is good for him even though he does not understand "why," "for what purpose" or what the consequences will be. A child who trusts with all of his being.

This is how I would like to spend this day - I want to adore my Father. I want to adore the One who created me.

And each time when I feel anxiety, fear, panic or uncertainty I will recall my resolutions for today; that when these emotions appear I will look at myself again, and for today I choose to look at God and in Him place all of my hope. When I do this the fears and anxieties yield to the love, peace, and comfort that flow from the One who contains all.

Holy Father, let me spend this day in this way.

In Your arms,
In Your peace,
In Your Love,

Amen.

This prayer is based on a spontaneous recording of December 4, 2016.
All fragments of The Bible come from "The Bible - The Old and New Testament." The newest translation from original languages into Polish. Written in cooperation of Polish Biblicists initiated by the Saint Paul's Society.

A link to this recording can be found on the blog:
http://zielonyzeszyt1977.pl/modlitwy/modlitwa-na-poczatek-dnia

2

Prayer for the end of the day

to help me adore God and thank Him for all He prepared for me today

God, Almighty Father, I want to thank You for all that You had me experience today. I thank You, filled with faith that all that has happened to me today has brought me closer to the moment when I surrender myself to You entirely. I believe that all that has happened in my life was the fulfillment of Your plan for me; Your secret plan of salvation, a direct path leading to my Lord.

With humility I admit I do not understand, I do not know and do not want to know how what happened to me today transforms my heart and prepares me to surrender my will. It is because I trust You limitlessly, my Father. That is why I thank You for all that happened to me.
Although my mind may whisper to me that maybe it was perhaps bad, perhaps upsetting, that it fills my heart with pain, suffering, sadness, or discouragement, I do not listen to these whispers. I choose to listen to my heart, in which You, my Father, have placed Your love. And my heart knows to whom it belongs.

That is why I adore You, my God, in all that You let me experience today. I thank You for all that has happened to me today.

With humility I accept Your will for me. With trust I surrender my life to You, as I do not want to live any longer without You. I do not want to live another moment believing that I am able to save myself, and that I am able to provide for myself all that I have been dreaming about: peace that never ends, everlasting joy, and the freedom in which I can be how my Father created me. And so I thank You, my Father, I adore You in all You have caused me to experience.

And I surrender to You entirely.

Amen

This prayer is based on a spontaneous recording of December 4, 2016. The link to this recording can be found on the blog: http://zielonyzeszyt1977.pl/modlitwy/modlitwa-na-koniec-dnia.

3

Prayer of Gratitude

God, my Heavenly Father, I glorify and praise You with every breath

God, Heavenly Father, I glorify and praise You with every breath.

I thank You for Your endless compassion in which You created us in Your image.

Thanks to this, it is only in Your presence, in Your Love, that we feel at home, and where we feel peace and fulfilment.

You have never abandoned anyone; You speak to each of us in a way appropriate to each.

You are always effective.

You wait for each of us with Your immeasurable Love. And with a great joy You offer us everything.

All we need to do is to accept Your gift and let it take the place of all that we believe to have accomplished for ourselves.

All we need to do is to open ourselves to Your immeasurable grace.

Open ourselves to peace, which is beyond our understanding, which brings the answer to all questions that have been asked, and to an awareness that is at the same time an end and a beginning, death and resurrection. Eternal life. Salvation.

And sooner or later each of us will stand before You, Lord, in utter truth. Because You have loved us utterly and completely.

Amen.

This prayer was written on August 20, 2016. A link the multimedia version of this prayer is at the blog:

4

Prayer of Gratitude

My Lord, how shall I thank You …

I do not know how to thank You, my Lord, for these two weeks spent in the silence of Your Presence.

How does one show gratitude for the countless confirmations of Your limitless power to heal every suffering soul?

How to be grateful for the transcendent love You have revealed through Your Beloved Son, a love that gives us the courage to give up everything and search only for You?

How to give thanks for this wonderful world that You have created for us which waits to reveal its beauty as soon as we decide we want to see it as You see it?

How wonderful life is in communion with You!

How magnificent to see all people as the brothers and sisters that You have placed along my path to show me what Your Love is!

Words cannot express my gratitude for Your compassion and kindness, which are above and beyond all, and yet You reveal them every second of my life.

In the serenity of my soul, in every moment that has been given to me, I will worship my Lord, Heavenly Father, who created me and to whom I have belonged since the beginning of the world.

Amen.

This prayer was written on September 3, 2016. A link to its multimedia version can be found on the blog: http://zielonyzeszyt1977.pl/modlitwy/modlitwa-dziekczynna-jak-mam-ci-panie-dziekowac.

5

Prayer of Gratitude and Adoration

Blessed Father, You are the source of peace, compassion and boundless joy!

Thankfully, You have created us in Your image, and we will not achieve peace and lasting fulfilment until we come back to our source, to You. Until then we will wander around in this world, learning that here we can only achieve temporary fulfilments or satisfactions, momentary pleasures, loves that fade in time and lose their flavor. In this world we come to know that here nothing lasts more than a moment. Here everything passes away, though a part of us does not want to accept this, knowing that endless joy, untiring love and limitless peace must exist somewhere. Consciously or not, we look for You.

And if perchance, thanks to Your grace, we happen to meet people who have encountered the boundlessness of Your love, who have abandoned themselves to be filled with Your Presence and Your Peace, then we recall that we are all Your children. You have created us in Your image and that is why nothing in this world will bring us lasting peace. Only Your tender arms, Your words, will fill our souls with peace and serenity. Only unity with You, which is a death for this world and the birth for You, can accomplish this.

We thank You for the ones who, thanks to You, have become for us proof and validation that the Kingdom of God exists within us; that You await us patiently at the altars of our hearts until we are ready to choose You alone, our Lord and Father, in whom we can find joy, peace and love for ever and ever.

Amen

This prayer was written on September 4, 2016. A link to its multimedia version can be found on the blog: http://zielonyzeszyt1977.pl/modlitwy/modlitwa-dziekczynna-i-uwielbienia-blogoslawiony-jestes-ojcze-zrodlo-spokoju-milosierdzia-i-nieprzebranej-radosci

6

Prayer of Petition

Our Father who art in heaven…

Our Father, who art in heaven, who inhabits the hearts of all creatures, pouring in Your love, may You be adored!

May Your Kingdom reveal itself among those whom You have created in Your image. Let Your will come to fruition in each of us. Pour courage into our hearts so that we may give over our will completely to Yours, as we were taught by Jesus Christ. May we place our spirit into Your hands, so that our earthly nourishment becomes the fulfilment of Your will.

Give us the faith, Father, to see that whatever You cause us to experience, is done for our best. Give us the courage to be ready at every moment to call out: „Jesus, I trust in You". As long as we put our trust in ourselves, we confront doubts, fears, and discouragement. When we surrender our life in trust to You, we feel calm and comforted. And even though we may have nothing, there is nothing we need, because we have You.

Father, through the sacrifice of Your son, You have forgiven our sins. We are now free from death, forever in Your embrace! May we follow Your example and forgive all our brothers and sisters whom You have placed on our path. May faith take up residence in our hearts, knowing that our fate is to live in the light of Your compassion, in which no sin remains. And so we will see all our kin through Your eyes - eyes filled with love.

Father, enlighten our hearts so that we may understand that through the free will that You have given us, we can be released from the suffering of this world. Allow us discover that You never come uninvited. You patiently wait until each of us makes a choice: light or darkness, salvation or sin, eternity or death. And we will repeat this choice until we are so filled with Your grace that

we joyfully choose only You. Do not let us wait until death but enlighten us now, in this very moment, so that we can choose You.

Amen.

This prayer was written on September 5, 2016. A link to its multimedia version can be found on the blog:
http://zielonyzeszyt1977.pl/modlitwy/modlitwa-blagalna-ojcze-nasz-ktorys-jest-w-niebie

7

Giving my life to God

All is Thine, O Lord! I don't want to keep anything for myself!

All is Yours, O Lord! I do not want to keep anything for myself. I do not want anything that is not Your will for me. In the moment when, through Grace, You took my old life, my fears, beliefs and opinions, and filled my life with peace, You revealed my true nature. I am Your son, created in Your image. Only in You can I remain in peace. Only when fulfilling Your will can I be free. And suddenly You allowed me to see all people in this way. We all have one Father who gives us the peace and freedom that never passes. To be given this, all we have to do is accept it! It is so simple…

Too simple for many of us, living in a world in which nothing is for free; a world where we owe everything to our own efforts, to our work, education, ambition, cleverness, stubbornness and probably sometimes luck.

In this world a story about something valuable that is free is taken as a fairy tale or a fraud…
And yet, despite all our struggles, our efforts gain us nothing permanent. All that we possess will pass some day: money, health, happiness, love, success, fame… if they do not leave us sooner, death will take them from us.

But permanent peace is possible. Happiness that never ends; love that lasts immutably throughout eternity. This is not a story about a reward after death. Well, maybe not entirely, as something in us must die in order to let the Grace of our Father glow in us. When we abandon all our images and projections about ourselves, when we immerse ourselves in silence, inside our souls we will hear Christ revealing to us a secret that releases us from the sufferings of this world. When we feel God's Presence inside of us, nothing will be the same; we will not rest until we come back into the tender embrace of our Father. Free, joyful, calm.

Thank You Father for Your great mercy. For Your endless justice in which everyone has the same opportunity to draw the gifts that You have prepared for us: wealthy or poor, educated or not, fit or disabled, strong or weak. You do not expect anything in return except for us to abandon

delusion, and in exchange to accept Your will and Your inheritance. Each of us can make such a decision. Each of us can remind ourselves who we are and where we come from. And can find the Truth that will make us free.

Amen.

This prayer was written on September 10, 2016. A link to a multimedia version of this prayer can be found at the blog: http://zielonyzeszyt1977.pl/modlitwy/oddanie-zycia-bogu-wszystko-jest-twoje-panie-niczego-nie-chce-zachowac-dla-siebie

8

Testimony #1

How God lead me to Himself and changed my life

He also said, 'This is what the kingdom of God is like. A man scatters seed on the land. Night and day, while he sleeps, when he is awake, the seed is sprouting and growing; how, he does not know. Of its own accord the land produces first the shoot, then the ear, then the full grain in the ear. And when the crop is ready, at once he starts to reap because the harvest has come.'

Mark 4:26-29 (NJB)

I am 39 years old. For most of my life I was an atheist, except for a brief period when religion was introduced to primary schools, perhaps in the 4th or 5th grade. I do not remember when I first understood that God does not exist (in the form I had imagined Him) but I remember to this day how painful that experience was. Up until that moment I had the conviction that I wasn't alone, that there was someone who had been watching over me and in case of need would rescue me. But in that moment, I became alone. I remember the feeling of ultimate loneliness and the necessity to rely only on myself.

Over the next several decades (about 25 years) I had the feeling that it was I who decided about my fate. I had dreams to fulfill and I was transforming my dreams into reality. In the beginning it went awkwardly, blindly, then more and more successfully.

All that time, however, I never lost the conviction that something was watching over me. I used to say that I had luck in my life, that life was watching over me. And indeed, it was so. :-)

So I was leading a happy, fulfilled and very hard working life. The goals that I was setting for myself were becoming bigger and more ambitious. After all, one who does not advance, retreats. I thrusted forward as it was the only direction that was worth going. At least that's what I believed at the time. Meanwhile, a question presented itself: for what purpose? What are all those dreams and goals for since the satisfaction and fulfillment last only for a little while? An exhaustion from the constant running ahead was also beginning to set in.

I realized I needed a break in my career. So I sold my shares in the company and embarked on a several-month-long leave of absence. I figured that after having a break I would come back to my regular work. I was simply very tired.

Gradually, it was becoming clear that what I needed was not just a break but a complete change; a change in how I had been seeing the world and what I believed and valued. A strong and sincere desire to start a new way of life was beginning to form; a life different from that which I already knew. And if it so happened that there simply was no other way of life on this earth (and this was quite probable because I did not know anyone else who lived differently) I was ready to leave this life.

The answer to that prayer came through books, people, teachers and finally spiritual guides. Step by step I was being led, and I began experiencing a peace and calm that I had not known before. I realized that it was exactly this that I had been looking for. As a matter of fact, this is what I had been looking for my whole life.

I remember how I spent nights wrestling with myself, trying to figure out what it was that I really wanted. Was it the peace, freedom and joy that transcends all I had already known but which demands the complete surrender and abandonment of myself? Or was it my old world which I knew, one with all its ups and downs but somehow limited so that I could retain some sense of control? I remember the fear of the unknown. I remember the horrible visions in my mind of what might happen when I finally give up my will.

I knew that I was not able to win this battle by myself, so I asked for help to see what it was that I was really choosing. And the help soon came. Trust came as well, along with a clear vision and understanding of the options I had. Finally, I knew that I wanted only one thing and nothing could suppress my desire. Nothing could make me stop.

Not long after this thirst was quenched, I experienced that one moment in which my old life vanished and I became like a new child. Peace and understanding came, all doubts and questions disappeared. I saw the world as if I were seeing it for the first time.

It was only after some time that, with the help of the Bible, I understood what had happened. I found Jesus' description of what happened to me, what I was experiencing and what I continue to experience. And now I can repeat after Him that my nourishment is to do my Father's will. I do not have my own will anymore. I have given it to the One who Created me. I do not possess anything anymore and yet I don't lack for anything. I'm not going to say that I live under a bridge without food. I am in the best possible hands and God provides me with all that I need. Nevertheless, nothing belongs to me. All is in the Father's hands.

My rebirth took place a year and a half ago. Since that time God's presence has been more real than anything else. Everything passes, thoughts, emotions, people, words, encounters and

events, but He is always with me. And I can repeat after Saint Paul: “It is no longer I who live, but Christ lives in me,” and nothing in this world can equal this.

'The kingdom of Heaven is like treasure hidden in a field which someone has found; he hides it again, goes off in his joy, sells everything he owns and buys the field. Again, the kingdom of Heaven is like a merchant looking for fine pearls; when he finds one of great value he goes and sells everything he owns and buys it.'

Matt 13:44-46 (NJB)

This testimony was written on September 13, 2016. A link to it in a multimedia form can be found on the blog:
http://zielonyzeszyt1977.pl/moje-nawrocenie-swiadectwa/swiadectwo-1-bog-prowadzil-mnie-do-siebie-nawrocenie.

9

Prayer of adoration and thanksgiving

I bless You my heavenly Father!

I bless You my heavenly Father! It is thanks to Your will that I am here on earth. You have lifted the blinds from my eyes and allowed me to see Truth.

In Your boundless love You filled my heart with a humility that allowed me to abandon for You all that I thought I had achieved by myself. You have given me the courage to leave behind the known and give myself over to the One whom I thought I did not know.

Thank You for the immeasurable kindness with which You have caused people to appear on my path who, by their way of life, confirmed Your existence and that You are alive here amongst us. Every encounter gave me great courage and filled my heart with a flame of love for You, and drew me closer to our next meeting. I had been withdrawing myself from this world at that time and learning more about You. I was now becoming aware that You were in our hearts, patiently waiting for our return. And I, with each such meeting, was gaining confidence that nothing and nobody could separate me from You.

My Heavenly Father, I give You every second of my life, every breath, every gesture. You fill my heart with peace and joy. This serenity and joy never pass, for You are their only cause. Serenity and joy, at which earthly experiences seem like just a dream; they pretend to be reality, yet are illusory; they are real, yet they dissolve in the mist of Your light.

May all those that seek You find rest in You. Give them the courage to abandon for You all that seems to separate them from You. Give them the faith that nothing and no one can separate us from Your mercy. Allow them to stay in Your serene Presence. Now and forever and ever.

Amen.

This prayer was written on September 15, 2016. A link to it in multimedia form can be found on the blog: http://zielonyzeszyt1977.pl/modlitwy/modlitwa-uwielbienia-i-dziekczynienia-blogoslawie-cie-ojcze-niebieski.

10

Prayer to God the Father

Blessed Father, grant us the courage to entrust everything into Your hands.

Blessed Father, through Your Son You have told us:

'Set your hearts on His Kingdom first, and on God's saving justice, and all these other things will be given you as well. So do not worry about tomorrow: tomorrow will take care of itself.'

Matt 6: 33-34 (NJB)

May we hear these words in our hearts. Make us abandon our beliefs that we have to worry about ourselves. Give us the courage to surrender all, our whole life, and place all of our cares and worries into Your hands. Let us feel like children that rest in the tender arms of their mother, not worrying about anything at all. Knowing that they are safe and that everything they need will be given.

Give us faith to give up thoughts that we are in charge of our destiny; that freedom means that we can do whatever we want and that happiness is the result of achieving the goals that we set for ourselves.

Blessed Father, we will be wandering in this world, unfulfilled until with eyes full of faith and hope, we look in Your direction. And Your endless love eases our souls that long for You. Then it will become clear to us that true freedom is in Your arms. That our calling is to surrender to Your will. Become a tool of Your love. And our free will has been given to us so that we might finally put it at Your feet and choose You forever. And nothing will separate us from Your love. For ever and ever.

Amen.

This prayer was written on September 17 2016. A link to its multimedia version can be found on the blog: http://zielonyzeszyt1977.pl/modlitwy/modlitwa-do-boga-ojca-blogoslawiony-ojcze-daj-nam-odwage-powierzyc-wszystko-w-twoje-rece

11

Testimony #2

Of the narrow path and the spiritual guide

'Enter by the narrow gate, since the road that leads to destruction is wide and spacious, and many take it; but it is a narrow gate and a hard road that leads to life, and only a few find it.'

Matt 7:13-14 (NJB)

Thank You, Father, for all the signs, people and events that led me to You!

For most of my life You let me walk the wide path, along which everyone else I knew at the time was also walking. I was therefore convinced that this was the only way to live; the only path to follow and that there was no other way. At the beginning this path didn't at all seem so bad. It led me from one success to another. Obviously, there were some failures, but they were only giving me the strength and determination that resulted in further successes. But these only lasted for brief moments. The satisfaction of each new accomplished goal lasted for a time but then the hunger for something new presented itself. Happiness and sadness were oscillating. Depression and euphoria were like waves on the sea, and as it is with waves, sometimes I was on the crests and sometimes deep down in the troughs.

As time went by my heart began to yearn for harmony. I understood it as a kind of peace that never fades away, even though the external circumstances would fluctuate. In the years that followed I began trying to find harmony in my world. I began seeking balance between work, my family life, and my interests so that some steady equilibrium might bring reprieve. But it was like an attempt to calm down the ocean's waves; an extended mission impossible. And it was exhausting.

When I tired of this Sisyphean task, You Father, in Your grace, showed me another way. And I, seeing the ineffectiveness of my attempts and all that I had learnt about the world, was now ready to leave all that behind and walk the narrow path that You had prepared for me.

And along this path You began leading me like a child. Step by step, You were walking with me, showing the way through books, people, and events that revealed where I should place my next step. My heart was being filled with an enormous trust in You, and the courage to step into the unknown.

You allowed me to see the fruits of Your Presence: a peace and joy that were not of this world. At that time the experience was still fleeting but it gave me strength in the tentative moments. I

was being shown that there was another way, that maybe it was a narrow path, but it was leading to life.

I will never forget that moment when You put a spiritual guide before me and our first meeting when our eyes met. It was then that I saw in this body the love of Your Beloved Son. I read about this love in the New Testament and even had been trying to imagine it, but experiencing it directly showed me that You are indeed alive amongst us. And in this short moment You told me that You had been waiting for me patiently and that You would never leave me.

This experience of Your Presence, so lucid and direct, gave me enormous determination. It gave me a faith strong enough to move mountains. From that moment I knew I would not rest until I fully answered Your call; until l discarded from my life anything that seemed to separate me from You. Suddenly, this narrow path stopped being so narrow and became the only path I wanted to travel. And this experience of Your Presence gave me courage in moments of temptation, which did later appear with great power.

Six months later I was born again in Your light. Everything became clear; questions and doubts vanished. Everything I had known up to that point was replaced by a transcendent peace. I became like a child who sees the world for the first time. My old life, my beliefs, views, opinions; they all vanished. They no longer had any meaning for me. I now wanted to live the way You wanted me to live. Your will became my will. For the first time in my life I felt truly free. And to this day this state has not altered. Yet although Your Presence fills me up entirely, life has not ceased. On the contrary, it has been blossoming with every breath, with each wonder that You place before me.

Every day is a new story of Your glory. Sometimes filled with sorrow and pain, sometimes with joy and happiness. In Your Presence, whatever happens, the calm that comes from You cannot be disturbed. Because nothing can separate us from Your mercy.

For I am certain of this: neither death nor life, nor angels, nor principalities, nothing already in existence and nothing still to come, nor any power, nor the heights nor the depths, nor any created thing whatever, will be able to come between us and the love of God, known to us in Christ Jesus our Lord.

Rom 8:38-39 (NJB)

This testimony was written on September 18, 2016. A link to its multimedia version can be found on the blog: http://zielonyzeszyt1977.pl/moje-nawrocenie-swiadectwa/swiadectwo-2-o-waskiej-sciezce-przewodniku-duchowym-nawrocenie.

Beloved Father, I offer thanks for the wonderful world You have created for us.
Thank You my Father in Heaven!

You have filled my life with Your peace. Every day You remind me what is real in my life, and what is only an illusion. And each time when I seem to forget that I want to live only for You, with a tender smile You remind me to whom I belong. All fears and doubts disappear in the light of Your love.

Thank You for Your endless patience, thanks to which it is never too late for any of us. And You will never turn away from any of us. You will welcome everyone with open arms, if we choose You. Only You.

Thank You for all the trials that You have placed before me, the ones You are placing now and ones You will place in front of me in the future. Each of them shows me Your endless kindness. During each trial You give us all that is needed to manage. What we need to do is to place all of our faith in You. And with Your calm Presence, something, that seemed to be a tragedy, brings solace. Something that seemed to be evil brings good fruit. Something that seemed to be a lie leads to the Truth.

My Father, every moment of my life is the worship of Your name. Each breath is thanksgiving for Your mercy.

O Lord, pour courage in the hearts of those, who long for Your Presence. Give them wisdom so that they choose You. Give them strength so that in the moments of trial, they will be giving testimony of their faith in Your existence. That You are everything for everyone. Give them humility so that they will be ready to abandon themselves to You.

Fill our hearts with Your light so that we may pass from death to everlasting life.

Amen.

This prayer was written September 20, 2016. A link to its multimedia version can be found on the blog: http://zielonyzeszyt1977.pl/modlitwy/modlitwa-uwielbienia-ukochany-ojcze-dzieki-ci-skladam-za-wspanialy-swiat-ktory-dla-nas-stworzyles-2

13

Adoration Prayer

How beautiful this world is as seen through Your eyes, Father!

How beautiful this world is when seen through Your eyes, Father! How wonderful it is to see us all as the brothers and sisters that You created, the way You see us still. You look without judgment, nor prejudice, nor our own opinions. How wonderful life is when I do not need to be right. How wonderful it is to live every moment as it is. Without assessment, interpretation, or comparison with the past. I am like a child in the arms of a loving dad, who knows that everything that is needed will be provided. A child who does not have to worry about anything. Every moment is a miracle in the hands of a loving parent. And whether it cries or laughs, or plays, or sleeps, this child feels serenity deeply in its heart. Because the child knows that it is in good hands, under the supervision of One whom it trusts completely.

How wonderful it is to live for You, Lord!

How wonderful life becomes when I give all my will to You; when I release my hold of all the matters that this world seems to be delving out and put them at Your feet. Because I want You to lead me. Only You do I want to serve. Only Your will I want to fulfil.

O, Almighty God! You have the power to change the worst sinner's heart with one word. Pour Your love into our hearts. Remind us always, that You are waiting for us; that You never come uninvited. And You will not reject anyone. For each of us You have prepared a place beside You. Make us know the fullness of life, which is possible only in Your light. So that we hear the teaching of Your Son, Jesus Christ, whom You sent for our salvation; whose sacrifice has redeemed us and who awaits us along with You.

Amen.

This prayer was written September 21, 2016. A link to its multimedia version can be found on the blog: http://zielonyzeszyt1977.pl/modlitwy/modlitwa-uwielbienia-jakze-piekny-jest-swiat-widziany-twymi-oczami-ojcze.

14

Petitionary Prayer

God, grant us the courage to give up everything for You

How unforeseeable are Your paths, Father! How extraordinary are Your judgments! How immeasurable is Your justice!

Human knowledge means nothing to You. People who want to understand You study holy books for many years. But unless they open their hearts to Your love they will remain "like a clashing cymbal," while anyone who turns to You with a heart filled with trust will find peace.

How difficult it is to abandon everything that we have gathered here. How easily we put those things above You. Our beliefs, opinions, knowledge, rituals. We say: "Come to me my Lord, but enter this door. Through the other I will not let You in. The other I will not open as I fear what I might find behind it." We want God's Presence but on our terms. We want a sense of security, but only in the circumstances that we know well. We want it all but we offer so little...
God, grant us the courage to abandon everything for You. Give as strength to long only for You. Let nothing stand in our way to the Father's house. Do not let us value anything in this world more than You. Place on our path those, whom You have chosen to give us courage and determination. So that they become evidence of Your living among us, and the immeasurable gifts You gave to those who have chosen You incomparably exceed all that this world can offer.

Amen.

This prayer was written September 22, 2016. A link to its multimedia version can be found on the blog: http://zielonyzeszyt1977.pl/modlitwy/modlitwa-blagalna-boze-daj-nam-odwage-wszystko-dla-ciebie-porzucic

15

Entrusting our lives to God

Blessed Father, convert our hearts so that we desire to live only for You!

Blessed Father! Nothing is impossible for You! In one moment, by revealing Yourself, You reshape our lives. Just as for Paul, an ardent persecutor of Christians, whom You made Your apostle, You reshape our hearts so that we want to live only for You.

Moment by moment, throughout all of life, You reveal Your glory. We may not notice this for some time. We choose what is shiny, loud, attractive and unique. We choose the world. And You wait patiently. Because You know that we are created in Your image and we will not find what we are looking for without You. Hence, we return to You, like prodigal children, and You always welcome us with open arms; with a loving gaze.

You sent Your Son to call sinners, not the righteous. Yes Lord, we all are lost till we choose You. Till we return to You and, like the prodigal son, we do not recognize that only for You and only with You we want to live. Only in You do we find comfort. Only with You do we know peace that does not fade. Only in Your embrace we regain freedom that transcends everything that we have found thus far.

Yes Father. You will not leave anyone to fend for him or herself. You stand by each of us and respond to our sincere prayers. And in Your endless kindness You lead each of us back home. And even when we seem to be far away from You, You remain with us still. You embrace us with Your tender eyes and keep us in Your care. No one will ever understand Your paths. No one will ever

know Your plans. We will never understand them. Sometimes what You have prepared for us seems to be too cruel, sometimes too merciful. However, You never disappoint us. You are never wrong. And in Your clemency, You do not forget anyone. Because You desire all people to be redeemed and to come to know the Truth.

Amen.

This prayer was written September 23, 2016. A link to its multimedia version can be found on the blog: http://zielonyzeszyt1977.pl/modlitwy/powierzenie-zycia-bogu-blogoslawiony-ojcze-odmien-nasze-serca-abysmy-chcieli-zyc-tylko-dla-ciebie

16

Petitionary prayer

Our Father, who are in heaven, reveal Yourself to those who seek You!

Our Father who art in heaven! Reveal Yourself to those who seek You. Fill their hearts with Your light. Pour into their minds wisdom that will allow them to choose You and abandon all else. Let us drink from Your chalice and eat from Your table.

Lord, reveal Your image to those, who are ready to respond to Your call. Let them be our guides. Let them be the examples of Your mercy. Let them be living evidence of Your presence among us. Let the teaching of Your Son, Jesus Christ, fill us daily. Everyday give us the strength to reach for the words that You have poured out onto paper. Let them, in a miraculous way, known only to You, prepare us for Your arrival. Let them lift the blinds from our eyes. Let them open our hearts.

Blessed Lord! How great is Your patience for us! How immeasurable Your goodness! Fill us with Your peace and lead us to eternal life.

Amen.

This prayer was written September 23, 2016. A link to its multimedia version can be found on the blog: http://zielonyzeszyt1977.pl/modlitwy/modlitwa-blagalna-ojcze-nasz-ktory-jestes-w-niebie-ukaz-sie-tym-ktorzy-cie-poszukuja.

17

Testimony #3

Of the better part which shall not be taken from us

In the course of their journey he came to a village, and a woman named Martha welcomed him into her house. She had a sister called Mary, who sat down at the Lord's feet and listened to him speaking. Now Martha, who was distracted with all the serving, came to him and said, 'Lord, do you not care that my sister is leaving me to do the serving all by myself? Please tell her to help me.' But the Lord answered, 'Martha, Martha,' he said, 'you worry and fret about so many things, but only one is needed. It is Mary who has chosen the better part, and it is not to be taken from her.'

Luke, 10: 38-42 (NJB)

My Father, before You revealed Your Face to me I was like Martha. I had been worrying about many things. Although You allowed me to make my dreams come true and to be satisfied with my private and professional life, I could not stop worrying. I was afraid of the future and I was agonizing about my past bad behavior. Despite the many gifts I received I still felt that something was missing. What I had still seemed to be not enough for me. And the chase after the next success, dream or even everyday responsibilities caused constant tension. This world had taught me that it is not safe to be content with what one has; that although it is certainly proper to feel satisfaction about completed plans, just around the corner await new challenges and again, in order to face them, one must be alert and motivated. One must be hungry for that next success. A person who is satisfied with what he has and does not want more is more like a beggar than like someone I wanted to emulate.

I was always chasing after the next task, the next duty and goal. I was achieving and was gathering more and more, secretly hoping that this chase would end someday. That I would achieve such a status that I would not need anything else. But it was to the contrary. With each fulfilled dream a new one presented itself, ever more marvelous, more fascinating. Yet another goal to achieve.

Merciful Father, Thank You for Your grace, thanks to which I understood that I no longer want to live like I had lived before. Thank You for the courage to throw away all that I have learnt up until now and for the determination to search for a peace that never fades and a joy that does not require anything else.

Thanks to Your immeasurable kindness, You showed me that there is only One thing I really need.

All You need from us is to sit at the feet of our Lord and listen to what He has for us in His words. And this is not much at all; it’s so simple, so natural. But it took some time before I unlearned all I had learned up to that point. Like a child, I had to learn how to live according to Your will. Up until then I had been deciding how to live, what to do and what to avoid, but now I stood in front of You with a prayer.

“Guide me, Lord, I will go where You want me to go, I will do what You want me to do. I will say what You want me to say. I am Yours entirely!”

And then the thoughts appeared: “Do you really want this? Are you ready to give away total control of your life? Are you ready, for example, to hurt your child if this were the Lord's will?”

Thank You Father, for remaining by my side at the moment of this test. You were answering my requests for the grace of Your wisdom. For Your light which would disperse the darkness of my soul.

You came to me with a clear answer, so unequivocal, so obvious, that in its light all doubts vanished. I knew that I wanted to be Yours, entirely Yours.

All the time You teach me to trust Your will. In every moment, every wonder, every situation I learn Your glory. And even though I am Yours like a child I constantly find new reasons to admire Your infinite kindness; Your inexhaustible mercy; Your patience. And I will keep learning of You as long as You want me to remain on this earth.

Blessed Father, make us, filled with Your grace, give away all our sorrows and worries, our tasks and duties so that like Mary we can discover that one thing that we truly need. So that we discover this better part which will not be taken from us.

Amen.

This prayer was written September 24, 2016. A link to its multimedia version can be found on the blog: http://zielonyzeszyt1977.pl/moje-nawrocenie-swiadectwa/o-dobrej-czesci-ktora-nie-bedzie-nam-odebrana.

18

Adoration Prayer

Lord, reveal Yourself to all those who long to be in Your Presence!

Blessed Father, how inscrutable is Your love! Why have You chosen me? Why have You spoken to me? Why have You revealed Your image to me? There are so many other people who are more worthy! There are so many people giving their whole lives to You, yet they are suffering in loneliness without Your presence.

O Lord, reveal Yourself to all those who long for being in Your presence. Give them the courage to hear what You want to tell them. Give them the wisdom to choose You. If there is something else that they value more than You, give them the power to abandon it. After all, it is so little when compared with the grace of being in Your Presence. You demand so little and offer everything.

From time to time, however, we'd rather choose what we know. We'd rather have the security of what seems to us the only way. We'd rather stick to the rituals we know, which we repeat every day. We'd rather continue the road, safely, among the many who are with us on this road.

And You calmly ask to put all this at Your feet and follow Your Son, Jesus Christ. He lived Your will. He executed Your plan for our redemption. Give as such faith, so that we follow Your Son. So that, gazing at You, without hesitation, we go where You send us. Do what You want us to do. Say the words You have prepared for us. So that we forget about ourselves and remember only about You.

Amen.

This prayer was written September 25, 2016. A link to its multimedia version can be found on the blog: http://zielonyzeszyt1977.pl/modlitwy/modlitwa-uwielbienia-boga-panie-ukaz-sie-wszystkim-tym-ktorzy-pragna-przebywac-twojej-obecnosci

19

Testimony #4

How God's Presence changed the life of my family

'No one who prefers father or mother to me is worthy of me. No one who prefers son or daughter to me is worthy of me. Anyone who does not take his cross and follow in my footsteps is not worthy of me. Anyone who finds his life will lose it; anyone who loses his life for my sake will find it.'

Matt 10:37-39 (NJB)

Thank You, Heavenly Father! Your light dissipated the darkness in which I had strayed for many years. Your love changed my life. I became like a little child. I am like a little child gazing at You, desiring nothing else but You. Only You.

It might seem difficult to understand: "How could you leave your wife and children and choose a life for God alone? How could you so completely lose control over your life?" But I did not leave my relatives. We continue to live together; to love each other; take care of each other. What did change was the Presence of God in our home, a silent Presence that fills our family, influences our children, transforms my wife. Although they are not yet ready to consciously give themselves over into God's hands, I can see how God's grace has been changing their hearts. I have not left my family. What has disappeared is the belief that I in some way possessed them, that I could hold on to them if they wish to leave me. That I can keep them alive if God chooses to call them to Himself. That I have the right to decide about what is good or bad for them. That I am responsible for their lives.

When thanks to Your grace I understood that I belong entirely to You, it also became clear that this is true of everyone. Each of us lives and dies for You, Lord. And so all my relatives belong to You, Father. You lead them to Yourself in ways known only to You. Along with a trust regarding my life came the trust that You guide all of us. Whether we know about it or not. Therefore, with humility and trust, I accept all You have prepared for me and my family. Every day convinces me about Your immeasurable mercy. This does not mean that there is no anger in our relations, loss of temper or misunderstandings. But this is when Your power acts in the most vivid way.

When I give myself entirely to You, Your grace reshapes our hearts and something that seemed to be evil leads to even greater adoration of You, my Lord. It is true that I gave up the control of my life entirely to You. That I am not worrying about what I will eat or do. I only know what You reveal to me at this very moment. And this is enough for me. It brings me peace and freedom. And the holy moment in which I, thanks to Your grace, live, is the only one I want to be in. For me there is no past. I have no future. All of those things I've laid in Your hands. I am free in Your arms. You filled my heart with peace when I gave You all my world. What a wonderful exchange! Everything for nothing! Now that I have You nothing is missing. I crave nothing but You. Nothing exists but You. How is it possible that I do not exist, yet You live in me?

I do not understand anything and I do not want to understand. I do not want to know anything. I do not want to be right. I do not want to control anything. All of that died when I was reborn not as myself anymore.

My Father, for You I now live. For You I breathe, for You I am here. Do what You want with me. And when You decide that what You had for me will be fulfilled, call me home to Yourself, because now there is only You and Your will for me.

Forever and ever

Amen.

This prayer was written September 25, 2016. A link to its multimedia version can be found on the blog: http://zielonyzeszyt1977.pl/moje-nawrocenie-swiadectwa/swiadectwo-4-boza-obecnosc-zmienila-zycie-rodziny-moje-nawrocenie

20

Prayer for liberation

Lord, grant the strength, courage and wisdom to choose You over ourselves!

Blessed Father! You want us to be like children. You want us to unlearn how to be concerned with this world. You want us to place our whole faith in You and trust in Your judgments; to restrain our own desire to judge, knowing that we are in good hands. And everything that You have placed before us is for our salvation. Sometimes we walk through the fire with You, sometimes over hot coals and through dark valleys. Sometimes You lead us through flowery meadows scented with Your endless love. But we never walk alone. You are always with us. It's just that sometimes we do not want to notice You. We want to think of ourselves as the authors, the directors, of our lives. We want to decide for ourselves what we will encounter. And You, with Your tender love, allow us to fulfil our dreams so that we may be grown up, responsible, and reasonable. So that we can be right. And to our astonishment our "adulthood" does not bring us the fruit that we had expected. We feel stress though we expected to feel peace; depression instead of joy; chaos instead of order. And everything is fleeting.

Father of Mercy, You observe our struggles, ready at any moment to answer the call of a humble heart, a heart that wants to unlearn this world and become again like a child in Your arms. You wait for the one who will put one's whole life in Your hands. For the one who is ready to die for You and be born again from water and Spirit. Blessed Father, You are the One who brings consolation to the souls that thirst for You. You fill them with Your peace and joy. You take them from this world to the Heavenly Kingdom, which Your Son Jesus Christ has opened for us. You give rest to those who are tired. You give relief to those who suffer. You bring back sight to the blind. You heal the sick. And the only thing You ask in exchange is that we become like children. And like children trust in You.

O Lord, give us the strength, courage and wisdom to abandon ourselves and trust in Your love, Your goodness and Your judgement, precisely as children do. So that we choose You and abandon ourselves. So that we become one with You. So that there will be only You.

Amen.

This prayer was written September 26, 2016. A link to its multimedia version can be found on the blog: http://zielonyzeszyt1977.pl/ modlitwy/modlitwa-o-uwolnienie-panie-daj-nam-sile-odwage-madrosc-abysmy-wybrali-a-porzucili-nas

Testimony #5

That which is important in life

The fifth testimony is a story about how my understanding of what is important in my life has changed. How the desire to be the first in this world turned into a prayer that I would become like a child knowing nothing but the will of the Father.

So he sat down, called the Twelve to him and said, "If anyone wants to be first, he must make himself last of all and servant of all."

Mark 9:35 (NJB)

Blessed Father! How incomprehensible for us, who live according to the rules of this world, is Your teaching. How difficult it is to understand Your signs. Without Your grace we are not able to take them in.

When I embarked upon the search for other ways of life, despite my atheism, I reached for the Bible. Something inside me knew that there I would find the answers I was looking for. I went through almost the whole Old Testament, then I read the New Testament. It became clear to me that words in these holy books have great power. But I was not able to understand their sense. I did not understand their real meaning. I was not able to apply the teachings that I found there to my life. They seemed too far away from reality. Too abstract and so much in contrast to what I had been taught in my life. I was not yet able to believe. I did not know what I was supposed to do to learn the Truth. The Truth that would make me free.

But You, my Father, have not left me alone. You kept leading me step by step, according to my abilities, to let me get to know You. Gradually You unveiled Your Face. And I was maturing, although a much better expression would be that I was becoming "childlike". With more and more trust I was giving my worries, joys and desires over to You. I wanted to know less and less. I was beginning to rely on what You wanted me to know. On what You wanted to reveal to me.

I used to want to be first. Victory was all that mattered. I had to be the best student; have the best company on the market. That was what was motivating me. Those things had value. They brought me the admiration and adoration of the world. And for me they were a source of satisfaction. A meaning for my life.

And, suddenly, You turned it all around 180 degrees. Suddenly, in the silence of Your love, I wanted to be like a child. A child who does not know what a race is, what is first place, what ambition or victory are. A child whose only desire is to be in the arms of a beloved Father. How is it possible that in such a short time You managed to transform my life entirely?

I want to be very last. The smallest of the small. I do not want to exist anymore. I want You to fill me entirely. So that there will be only You.

Forever and ever.

Amen.

This prayer was written September 27, 2016. A link to its multimedia version can be found on the blog: http://zielonyzeszyt1977.pl/moje-nawrocenie-swiadectwa/swiadectwo-5-to-co-jest-w-zyciu-wazne

22

Prayer of gratitude

Merciful Father, Thank You for all the grace which You so abundantly pour out upon us

Holy and Almighty You are, our Lord!
Today we can stand before You.
Thanks to Your grace, not to ourselves.

Merciful Father, Thank You for all the grace that You so abundantly pour out upon us; for the amazing gifts that You lavish upon us; for all the experiences that You place on our path. Perceiving with our “earthly" mind we assess what You prepare for us. We see happiness, joy, fulfilment, tragedies, regrets, ingratitude, injustice. It seems to us that we can discover the meaning and sense of what is happening around us; that we are able to discern and choose what is good and reject what is bad for us. With gentleness, You observe our efforts, our desire to have command of our lives. Our attempts to stop the wind. In the serenity of Your love You send us a solution. But You do not impose. You wait until we are ready to answer Your call. Until we are ready to immerse ourselves in Your Presence.

And we mature into it. With every dream fulfilled, every disappointment, every depression and euphoria, every tragedy and every joy, we are becoming more open to what You want to offer us. Each of us at their own pace, prepared by You, gives themselves into Your hands. Some of us in childhood, others in mature age. Some with their dying breath when they realize that they cannot hold on to anything of this world.

O Lord, give us the grace and the wisdom now so that we can discover the source of inexhaustible joy; the comfort that never ends. Fill us with Your Presence which opens up our hearts, brings back our sight, allows us to see the world through Your Beloved Son, Jesus Christ, and opens our ears to Your holy words.

Father, we give our lives to You. We give ourselves to You. Take us and fill us with Yourself.

Forever and ever.

Amen.

This prayer was written September 28, 2016. A link to its multimedia version can be found on the blog: http://zielonyzeszyt1977.pl/modlitwy/modlitwa-dziekczynna-ojcze-milosierny-dziekuje-ci-wszystkie-laski-ktore-obficie-nas-wylewasz.

23

Prayer of worship

Blessed Father, I praise Your name!

Blessed Father, I praise Your name!

You bring relief to the disconsolate. You bring comfort to those who have lost hope. You bring light to those who are lost in the darkness. You are the Life. You are the Truth. You are the Light. You are the answer to all the questions that have ever been asked. You are the answer to all the prayers that have ever been prayed by Your children.

How difficult it is to live without You! How hard it is to rely on oneself alone! We search for Your gifts in the world. We look for Your love, joy and peace. We look for them as if we were able to find them on our own. As if we were able to create them. We want to be their authors and get what we created and justly deserve. And even when we give ourselves over to You in sincere prayer, a moment later we run into problems with our inability to accept Your justice with trust and humility. We seem to know what Your gifts ought to look like and what to do to achieve them. We think we know…

And the only thing You desire is that we give ourselves away entirely into Your arms. That we forget all that we know, think, and are convinced about. You want us to trust only You, the same way a child trusts its parents. You want us to forget about ourselves. Forever.

To those who are ready to answer Your call, You give courage. You give the grace of wisdom and humility at the same time. Wisdom to choose only You; humility in order to abandon all that we had valued more than You here on the earth. And those, whom You have chosen to gaze at Your image, inspire us. They become our guides and help us to find the way to You. Being in their presence changes our hearts. It lights the fire of Your Love. It opens our ears to Your holy words. They allow us to see the world through Your eyes. You place them on our path so that we learn to hear only You. So that You can teach us of Your serene Presence.

And we, inspired by their example, give ourselves away to You completely. We place at Your feet all that seemed to be ours. Our aims, dreams, worries, joys, family, body, life. And, finally, we feel free. Truly peaceful. Truly joyful. We come back to the source. We learn that You are truly our Father. That You have created us and that we belong to You.

Forever and ever.

Amen

This prayer was written September 29, 2016. A link to its multimedia version can be found on the blog:
http://zielonyzeszyt1977.pl/modlitwy/modlitwa-uwielbienia-blogoslawiony-ojcze-wyslawiam-twoje-imie

24

Prayer of adoration

Heavenly Father! May my life exalt You!

I want every moment of my life to be an anthem to Your grace. I want to worship You with every breath. All that used to belong to me I place at Your feet. Everything that I used to value I give to You. Only with You and for You I want to live.

How marvelous it is to return to the arms of the Creator. How wonderful to live like a child whom the merciful Father is taking care of. How light life becomes when it is given away to God. I am free. Truly free. Free from making decisions. Free from responsibilities. Free from being reasonable. Free from good and evil. Free from happiness and tragedy. Free from euphoria and depression. Free from what my life used to be.

O Lord, fill us with Your light. Fill us with Your love. Fill us with Your peace. Allow us to see the world through the eyes of Your son Jesus Christ. Allow us to see our brothers and sisters as You see them. Allow us to feel Your love toward all creatures. Allow us to forgive as easily as You forgive. Make our lives the image of Your Beloved Son, who enjoys Your favor.

For us sinners it seems very difficult, almost impossible, to fulfil the demand of perfection that You place before us. We are supposed to be as ideal as our Father in Heaven. Indeed, it is impossible for people, but not for You. For You anything is possible. Hence, whenever it seems for us that You want us to do something, remind us that we are helpless. That the whole strength comes from You, and You will lead us whenever we forget about ourselves. Each time we give our will over to You we will become a tool of Your mercy.

So give us the trust and faith to give ourselves to You entirely and irrevocably. Reshape our hearts in Your image. Fill us with Yourself. Take over our life. So that there will be only You.

Forever and ever

Amen.

This prayer was written September 30, 2016. A link to its multimedia version can be found on the blog:
http://zielonyzeszyt1977.pl/modlitwy/modlitwa-uwielbienia-ojcze-niebieski-chce-widziec-cie-w-zyciu-mym-wywyzszonego

25

Testimony #6

How I realized that through everyone I meet God offers me His infinite love

It happened that one day he got into a boat with his disciples and said to them, "Let us cross over to the other side of the lake." So they set out, and as they sailed he fell asleep. When a squall of wind came down on the lake the boat started shipping water and they found themselves in danger. So they went to rouse him saying, "Master! Master! We are lost!" Then he woke up and rebuked the wind and the rough water; and they subsided and it was calm again. He said to them, "Where is your faith?" They were awestruck and astounded and said to one another, "Who can this be, that gives orders even to winds and waves and they obey him?"

Luke 8:22-25 (NJB)

Merciful Father, You opened and poured light into my heart. You showed me that only in You I can place hope. In the moment when You came to me all the questions and doubts vanished. There was only You. I was reborn in Your grace. The life that I had lived thus far ended.

But old habits remained. Habits that I had been nursing for many years. Doubts, to which I no longer gave credence, nevertheless still appeared in my mind.

When You placed Johnny at my door I at first treated him as an intruder. A child who, due to a lack of parental care, came and imposed himself on our family. Although I knew that Johnny had a great gift for me, I was not ready to acknowledge it. I was not ready to accept this gift. So for a long time I did not allow Johnny to enter my heart. I was treating him like I would any stranger. Neutrally. With great reserve. I kept him at a distance that I considered safe.

Until a miracle happened. I heard You talking to me: "Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me." (Matt 25:31) And it became clear to me that You had come in the form of Johnny. That You offer me Your immeasurable love and goodness in the form of this boy. In one moment You transformed my heart. Every day, in every moment that we spent together You are showing Your everlasting mercy. Although in the eyes of the world it may seem that we give a lot to Johnny and his family, I know that we also receive much from them. And the grace of our Lord, in both of our families, brings about amazing transformations. It opens us to God's love.

Your grace and mercy, like a wonderful Eden-scented flower, fills the air. And no one remains indifferent. It transforms the hearts of people who don't even appear to be connected with this matter. Where there was once anger, misunderstanding and accusations now appeared kindness, mercy and selfless support.

Blessed Father! I thank You for all those You are placing on my path. I thank You for Johnny through whom You revealed that You are present in every person. Especially in those whom I judge negatively. In the person I do not want to meet. In the person I do not want to know. In every brother or sister, You offer me Your immeasurable love. And if I accept this gift, if I believe in You, if I abandon myself, You will change my life.

Every time I feel that this time I don't have strength; that this time I have neither the patience nor the courage to do what You want me to do, I recall that everything is possible for You. That if You want me to go to the other side of the river, the only thing You want is for me to trust You. That when I give You all that is mine: my hopes, worries, impatience, weariness, fright, desires, and take in exchange all that You want to give me, then will the miracles start to take place. A peace that transcends all cognition. A joy that lasts forever. Forgiveness without limits. Mercy that remedies all evil.

Beloved Father! Thank You for Your infinite patience. For the fact that whenever I go astray You gently guide me back to You. For never leaving me alone. It is I who seem to not notice You sometimes. But that doesn't matter to You. You are gentle with me, with all of us, ready to answer the call of a sincere heart.

Almighty Lord, grant that all those who are in danger and are suffering have the courage to turn to You for help. That they would be ready to give up themselves and receive Your light. That they would be open to Your love. That they find freedom in Your arms. That they forget themselves. That for them there would be only You.

Amen.

This prayer was written October 1, 2016. A link to its multimedia version can be found on the blog:
http://zielonyzeszyt1977.pl/moje-nawrocenie-swiadectwa/swiadectwo-6-o-tym-zrozumialem-ze-kazdej-osobie-bog-ofiaruje-mi-swoja-nieskonczona-milosc-nawrocenie

26

Prayer for deliverance

Almighty Lord, give us the courage to answer Your call!

Blessed Father! I praise Your name! I thank You for Your Son, Jesus Christ, whom You have sent for our salvation. How wonderful are His teachings! How marvelous are His words that You have left for us! How natural and direct are His instructions!

Almighty God, open our hearts and minds so that we may humbly hear the words that You have prepared for us. So that we truly give ourselves into Your hands and abandon all we know: our image of Your will, our beliefs about where You are and where You are not, our expectations about which way You are going to lead us, and let us give ourselves over to You like little children. Fill our hearts with humility. Let us understand that we belong only to You. That we will never know peace unless we give ourselves into the hands of The One who created us.

Only in Your light may we truly rest. Only Your love can make us free.

This world is a poor reflection of You. Unless we rest in Your arms, we will only know the kind of peace, happiness, freedom and love that lasts only for a little while and then starts to fade with time and finally ends. This world tempts us with trinkets that, when seen up close, lose their shine. And when You embrace us with Your gaze, full of never-ending love, we learn the true meaning of peace, joy, and freedom. We recognize the true source of love.

Blessed Father, You leave us signs at every step. In every brother and sister that You place on our path You send an invitation to Your heart. You call us to unite with You. To discover the gifts You have prepared for us. To discover the source of everything. To acknowledge The Truth.

Almighty God, give us courage to answer Your call. Give us the strength to follow You despite many adversities. Give us wisdom to choose that which never passes away. Give us humility so that we forget about ourselves. So that we entrust ourselves to You entirely. So that there will be only You.

Amen.

This prayer was written October 2, 2016. A link to its multimedia version can be found on the blog: http://zielonyzeszyt1977.pl/modlitwy/modlitwa-o-uwolnienie-panie-wszechmogacy-daj-nam-odwage-odpowiedziec-wezwanie

27

Testimony #7

About how God was answering my prayers

"For everyone who asks receives; everyone who searches finds; everyone who knocks will have the door opened. What father among you, if his son asked for a fish, would hand him a snake?

Or if he asked for an egg, hand him a scorpion? If you then, evil as you are, know how to give your children what is good, how much more will the heavenly Father give the Holy Spirit to those who ask him!"

Luke 11: 10-13 (NJB)

Blessed Father! Truly, You never fail. You always answer our calls patiently and wait until we are ready to ask for You. Not for those earthly things that we value so much like health, success, fame, money, somebody to love, success in business, etc., but for You, for Your Spirit. Your Presence. Your love. Your will for us. You wait until we are ready to give away all that we have gained on this earth and take in what You have wanted to give us since the beginning of time.

Almighty God, You have given me so many "earthly" gifts. And in Your indescribable goodness You have been answering my requests. I recall when as a schoolboy I asked You for good grades at school. I prayed at that time like a child. I imagined You as a child would. And You gracefully fulfilled my requests. Later when I abandoned my childish images of You and "decided" that You do not exist, You were beside me, and again You answered my requests. At that time, I believed that all I had achieved was thanks to my own efforts. However, now I can see that You had been beside me and each experience I had was because of Your grace which was leading me towards You. Sometimes You brought pain, sadness, depression. Sometimes joy, satisfaction, temporary peace. I used to think that this is what life is like; that we cannot hope for anything but temporal experiences which often veer from one extreme to another. Now I can see so clearly that those experiences were necessary so that I could consciously and freely return to You.

Because, after some time, my heart said: "Enough! I do not want to live like that anymore!" There appeared a desire to get to know another way of life. A new prayer. This time I did not know what I wanted from this world. Rather, I knew that the world was incapable of giving me what I wanted. I wanted a peace that doesn't ebb and flow and keep slipping through my fingers. A joy that does not lose its luster. I wanted You, although I was not yet aware of it.

And You never fail. You always listen to the humble prayers of Your children. And just as You had been leading me throughout my whole life You were now leading me as well. Through people, events, books. And, finally, You revealed Your grace. You revealed Yourself. In one moment, You took my old life and filled me with Your peace. I died in order to be born again as a small child. Pure. Without a past. Without a future. Without goals or desires. Without opinions or beliefs. You gave me Your peace. And I did not want anything else that this world could give me. I wanted only to live in Your will. Only with what You in this holy moment want to reveal to me. And so I am here only for You as long as You want me to be here. Only to fulfill Your will.

Blessed Father, give us courage so that we can give our life to You entirely. Let our hearts answer Your call. Give us humility so that we can become like little children for whom You will care. Upon whom You will bestow Your strength. Let us recognize the Truth that will make us truly free. Reveal to us the peace that transcends all knowledge. A peace that has no end. Fill us with Your presence. Fill us with Yourself. Let there be only You.

Forever and ever.

Amen.

This prayer was written October 4, 2016. A link to its multimedia version can be found on the blog:
http://zielonyzeszyt1977.pl/moje-nawrocenie-swiadectwa/swiadectwo-7-o-tym-jak-bog-odpowiadal-na-moje-modlitwy-moje-nawrocenie

28

Prayer of Adoration

Beloved Father! Thank You for Your indescribable goodness!

Blessed Father! The Creator of Heaven and Earth! Beloved Father! Thank You for Your indescribable goodness! With equal might You give Your love to each of us. You faithfully stand by each of us, waiting until we choose You. You have infinite patience for everyone. You want to offer Your mercy to everyone.

O Lord, because of You we are here on earth. For You we are born, for You we die. Yet we often live unaware of this and believe that we are the masters of our fate. And for a certain time, our experiences seem to confirm this conviction. We make our dreams come true. We accomplish our goals. We live the lives we want to live. It seems that we do not need You. And even though we believe in Your existence we choose our own will, not Yours. We would rather trust our own opinions and beliefs, things we have believed for years. Then, even when we claim that You are in the center of our lives, we put ourselves on the pedestal. Somewhere deep in our heart we do not trust, we do not believe You. We are unable to give our entire lives over to You with the trust of a child.

But You faithfully stand by our side and with a calm serenity accomplish Your Divine plan. Through successive experiences, people, words, You patiently lead us to Yourself. You open our hearts. Make us see more and more. We recognize the fruit that is borne by living without You. We learn that we, without Your help, will never achieve the peace that we long for. That the happiness we provide for ourselves lasts only for a while. That love fades and in one moment can lose its flavor. That all we can gain for ourselves passes.

Blessed Father! You created us in Your image. Thus, we have been searching for the vision of You. Subconsciously, we often crave that which is eternal. Which lasts forever. We are looking for the Truth which is not relative. And when, through Your grace, we discover that we are not able to fulfil our longings, we turn to You. And You answer our prayers in ways that we are able to accept

at the time. You do not leave anyone on their own. You stand by everyone and lead them to Yourself, because You want salvation for all Your children.

And when we are ready, we choose You. Only You. Like small children, who place in their Father all of their hope. All doubts disappear and peace replaces them. Your peace. Your joy. We die for this world to be born again for You. To belong only to You.

Forever and ever.

Amen.

This prayer was written October 5, 2016. A link to its multimedia version can be found on the blog: http://zielonyzeszyt1977.pl/modlitwy/modlitwa-uwielbienia-umilowany-ojcze-dzieki-ci-skladamy-twa-niewyslowiona-dobroc

29

Prayer

Almighty Father, do not let me to ever value Your gifts more than I value You

Almighty God, don't let me value Your gifts more than I value You. So that I do not value peace and joy more than Your will for me. You gave me Your grace, You changed my life so much. You entirely filled me with Yourself.

Nevertheless, I was still "hiding" myself from Your will. Deep in my heart I knew that You were waiting until I would be ready to share You with others. Yet I was resisting this. I claimed that I was not worthy, that there are others who do this much better. I was not ready to change the way I had lived up to that time; the way my family lived. I was accustomed to it. Certainly, when asked, I answered with a joy and testified to Your glory. I was happy with each testimony I could give, with each word that was an anthem of worship. I knew that each of these words, although coming from my lips, was really coming from You. And it was also directed to me. Each time it lit a more powerful flame of Your love in my heart. Despite all those gifts I wanted to stay in the shadow. Your presence was all I needed.

And yesterday I heard a question: "Do you want Jesus to act through You in a new way?" In the beginning I did not understand this question. I thought I had given Him my whole life. I do not want anything that does not come from the Father. What might change now?

Later it became clear that I had gotten accustomed to the safety, peace and comfort with which these moments were filling my life. To "not doing". To being with the Father in a state of inertia.

And Jesus asks me if I am able to abandon this “comfort zone” for Him? If I am able to go out into the world with Him to give witness. If I am able to give myself even more?

YES! YES! Father! I do not want anything for myself. Even if it means to abandon everything, I want to follow You! Do not allow me to get used to anything in this world. So that I lose vigilance that only You matter in my life. Do not allow me to fall asleep, dream about how I value the gifts of this world. I want to sacrifice my life to You. Do what You want with me. Send me where You want me to be. Make me a tool of Your glory. I give myself to You. And when Your will has been accomplished, take Your servant to You. Where joy will be flawless.

Forever and ever.

Amen.

This prayer was written October 6, 2016. A link to its multimedia version can be found on the blog: http://zielonyzeszyt1977.pl/modlitwy/modlitwa-wszechmogacy-ojcze-nie-pozwol-abym-kiedykolwiek-twoje-dary-cenil-bardziej-od-ciebie

30

Testimony #8

The heart of a servant

“Which of you, with a servant ploughing or minding sheep, would say to him when he returned from the fields, ‘Come and have your meal at once’? Would he not be more likely to say, ‘Get my supper ready; fasten your belt and wait on me while I eat and drink. You yourself can eat and drink afterwards’? Must he be grateful to the servant for doing what he was told? So with you: when you have done all you have been told to do, say, ‘We are useless servants: we have done no more than our duty.’"

Luke 17:7-10 (NJB)

Blessed Father! I love Your Holy Name! Thank You for Your immeasurable goodness! You sent Your Beloved Son, Jesus Christ, to open the gates of heaven to us; to lead us to You. Thanks to Him, we are filled with the Holy Spirit, Your grace, and we choose to be servants. We discover that our hearts were created to serve, to listen to Your word, to fulfill Your will.

How unthinkable it was for me not long ago to conclude that I have to be a servant. Me? The master of my own destiny? The architect of my own life? After all, everything around us shouts about how our happiness is in our own hands; that nothing is for free; that if we do not take care of ourselves, no one else will. Rather, the world in which I had been living was seeking to be served. Success was measured by how much I could buy; by how ambitious the goals I had

achieved were; by how much depended on me and how many people needed me. I was in the center of the world. And the world was supposed to be a tool in my hands.

How quickly, Lord, You changed my heart. Through Your Son You said that the tree is to be recognized by its fruit. And it's a sign of an unhealthy tree if it bears bad fruit. Living according to the world's rules the fruit of my labors was an increasing exhaustion. All that I could achieve here was only a temporal experience. Everything passes. Everything I wanted to retain kept changing. The peace that I was craving I could not attain here. Because even when it came it lasted only for a little while, amidst other pursuits. Is that all life has to offer? Is that all I can expect? I remember this question pulsing in my head along with the certainty that I did not want to live this way anymore. That I was ready to go away if this is all that the world could offer me.

If someone had told me then that it was in Your arms that I would find this freedom I was seeking, this joy that has no cause, this peace that lasts forever -- I probably wouldn't have believed them. If I had heard that everything that I valued I would give away to You -- I would not have believed. If I had heard that being Your servant would make me truly free -- I would not have believed.

But You, knowing my heart, had been preparing me for our meeting. You were waiting patiently. You were showing me the fruits of a healthy tree. Fruit with which I began falling boundlessly in love. Which I was hungering for more and more. And when You decided that I was ready, You showed me their source.

Blessed Father, see all the hunger and longing of all Your children and give us Your peace. Lead us to You, through Jesus Christ, whom You gave us as an example to follow. Give us the strength to follow Him with every breath. Let the Holy Spirit fill our hearts and give us the courage to choose Your will. Make us want what You want for us. And give us humility so that we know to Whom we belong.

Amen.

This prayer was written October 7, 2016. A link to its multimedia version can be found on the blog: http://zielonyzeszyt1977.pl/moje-nawrocenie-swiadectwa/swiadectwo-8-serce-slugi-moje-nawrocenie

31

Petitionary Prayer

Blessed Father, may we become Your life-giving rain!

Blessed Father! You cause the sun to rise for all Your children. You do not choose one over another so that the sun shines over someone in a special way. It's the same way with Your mercy. It pours over us all as life-giving rain. It does not choose a single blade of grass over others.

In this same way You want us to treat our brothers and sisters, so that our love embraces all without exception; so that we eliminate preferences; that we give over to Your will the judgments we might make; that we forgo our need to see and understand. So that we forgo ourselves and follow Your Son, Jesus Christ. He loved us all with Your love. He carried forgiveness and joy for all who longed for You. And He taught us to love our brothers and sisters the same way He loved us.

Allow us be Your life-giving rain. Through the Holy Spirit let us bring relief to all those who are like dry grass waiting for Your life-giving rain. We ask for courage so that we give witness to Your glory. Reshape our hearts so that we carry Your forgiveness and love. So that for all those who seek You we become evidence that You are alive amongst us. That You are still waiting for every one of Your children. That You want to enlighten them with Your saving light. And that You never come uninvited. You wait until we, like the prodigal son, choose only You. And we pass, thanks to Your Presence, from death to life.

Amen.

This prayer was written October 8, 2016. A link to its multimedia version can be found on the blog: http://zielonyzeszyt1977.pl/modlitwy/modlitwa-blagalna-blogoslawiony-ojcze-pozwol-nam-byc-twoim-ozywczym-deszczem

32

Adoration Prayer

Blessed Lord, You bestow abundant gifts upon us!

Blessed Lord, You bestow abundant gifts upon us! For a time, You allow us to believe that we are achieving something by ourselves, that we are able to rule our lives. We learn that You answer sincere prayers. If it is in accordance with Your will, then we can achieve what we want. And we believe that we know what is good for us; that when designing our lives and living according to this design, we will achieve happiness. We will find the peace we have been longing for.

Blessed Father, You have prepared for each of us a way to You. You lead each of us and cause us to have various experiences with the aim of achieving only one goal: so that we will get to know You; to be ready to surrender our conviction that we already know everything we need to know. To learn to trust You. To believe that thanks to Jesus Christ's sacrifice, Heaven’s gates are open for us. If we believe. If we give our life to You. In every moment of our lives You gently remind us, that nothing can separate us from Your compassion; that God’s kingdom is among us and that if we fulfill Your will, You will fill us with Your Presence. For a certain time we are not able to hear Your call, as it is so calm and humble. We choose instead to hear the shout of the world’s call for

success. We see the glitter of achieving other goals. We choose music instead of the silence which makes music possible.

But this goes on only briefly. With every second we approach the moment when we are ready to choose You. When we turn down all that seems attractive, loud and shiny. And we choose The One, Who Is.

And, when we place our lives at Your feet You grant us Your peace. You bring the fruit that is borne by a good tree. We discover the purpose and meaning of our life. We learn that we are truly Your children and that only in You we can find rest. That everything that we have experienced up till now led us to Your Presence. It led us to The One to whom we have always belonged. It led us to the Father's Home, in which we find rest.

Blessed Father, grant us wisdom so that we might now, at this very moment turn away all doubts. So that in this moment we give over to You all that we have collected here in hardship. Make our hearts full of courage to give ourselves up to The One who is still unknown. Let all we believe in that separates us from You disappear like a dream at dawn. We want to be Yours alone! We want to give it all away! May there be only You!

Forever and ever.

Amen.

This prayer was written October 9, 2016. A link to its multimedia version can be found on the blog: http://zielonyzeszyt1977.pl/modlitwy/modlitwa-uwielbienia-blogoslawiony-panie-ty-obdarzasz-nas-obficie-swoimi-darami

33

Petitionary prayer

Blessed Father, You gave us the source of water that quenches all thirst

Jesus replied: "Whoever drinks this water will be thirsty again; but no one who drinks the water that I shall give will ever be thirsty again: the water that I shall give will become a spring of water within, welling up for eternal life."

John 4:13-14 (NJB)

Blessed Father, You gave us the spring water that quenches all thirst. Your Son, Jesus Christ, showed us by His life, His example and teaching that comes from You, how we should live. He became the living spring of water that reshapes us sinners into Your Sons.

Let us drink from this spring every moment of our lives. May we never place what the world offers over the invitation of Your Son. Let our pride, arrogance and self-assurance that we know better, dissolve in Your never-ending love. Give us humility so that we forget about ourselves and give ourselves away to You entirely. Because only in You can we be free. Only in You peace awaits us. Only You are the spring of eternal happiness.

Let this experience blossom in us with every breath. Like the fruit that ripens in the beams of light coming from the sun, under the influence of Your grace may each of us mature to fall from the tree of this world and drop into Your arms. This is where our thirst will be quenched forever. And we will not need anything, for the one who has God does not need anything else.

Amen.

This prayer was written October 10, 2016. A link to its multimedia version can be found on the blog: http://zielonyzeszyt1977.pl/modlitwy/modlitwa-blagalna-blogoslawiony-ojcze-ty-dales-nam-zrodlo-wody-ktora-gasi-wszelkie-pragnienie

34

Prayer asking to be filled with the Holy Spirit

Meanwhile, the disciples were urging him, "Rabbi, do have something to eat"; but he said, "I have food to eat that you do not know about." So the disciples said to one another, "Has someone brought him food?" But Jesus said: "My food is to do the will of The One who sent me, and to complete his work."

John 4:31-34 (NJB)

Blessed Father, thank You for the wonderful teachings of Jesus Christ, Your Beloved Son. By His testimony He continuously reveals to us the path we should follow, and continually calls us to replace the nourishment that this world offers us with Your everlasting love. He continues to invite us to Your table where all desires are satisfied; where all the worries and sorrows that life gives us every day vanish under the enormity of Your mercy.

How unreasonable it seems in the world's eyes. How irrational it seems not to care about ensuring a decent quality of life. How natural it seems to worry in the face of all adversities. How natural it is to follow the majority, while the few that have already found true happiness are defined as weird. After all, we must take care of our family, spouses, children! We cannot give away our lives to God, whom nobody has ever seen! Someone who may not exist! We must take care of ourselves! We must be responsible! This is what our parents expect from us; this is what is expected of us by those who have tied their fate with ours and place their hope in us...

Christ Jesus , Your teaching and Your example dispel all doubts in those who are ready to follow You; who are able to judge correctly the fruits brought forth by putting faith in oneself and this world; who are thirsty for peace that transcends all knowledge; who want to learn the Truth that will make them free, and who hear Your calm voice repeating: "Come to me, all you who labor and are overburdened, and I will give you rest. Shoulder my yoke and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. Yes, my yoke is easy and my burden light". (Matt 11: 28-30 (NJB))

Merciful Father, place on our path people who have chosen only You and who have decided that they want only what You want for them. Let their example, their joy and freedom that comes from You, give us courage, so that we also abandon this world and ourselves, for You. Bless us with their calm presence in which You make what had been previously unknown turn out to be the beloved Father's home. And what we had valued earlier loses its charm in the light of Your glory.

Because only in You our life, here on earth, has its sense. Only by Your side can we be free. Only You are the source of peace that never ends.

Merciful Father, fill us with Your Spirit, so that we do not postpone our reply to Your call and presently repeat after Your Son: "My food is to do the will of the One who sent me"

Amen.

This prayer was written October 11, 2016. A link to its multimedia version can be found on the blog: http://zielonyzeszyt1977.pl/modlitwy/modlitwa-o-wypelnienie-duchem-swietym-juz-teraz-odpowiedziec-na-wezwanie-ojca

35

Prayer for the gift of faith

“In all truth I tell you, everyone who believes has eternal life.”

John 6:47 (NJB)

Blessed Father, we fall at Your feet to pray for the gift of faith. Fill us with Your grace so that we forget about what keeps us from giving You all we have. We want to live only for You. We want to sacrifice every breath. We want every second of our lives to become a prayer to You. We want every deed to be an anthem for Your worship.

Almighty Father, clear away all doubts from our hearts. Take away the conviction that we are able to steer our lives. Take away our opinions and views. Take our knowledge. Reshape us into small children who place all their hope in You; who live only for You; see the world as You see it;

love their brothers and sisters with Your love; spread Your joy; and proclaim the Good News that nothing can separate us from Your mercy. Almighty Lord, give us such faith so that there will be only You for us.

Forever and ever.

Amen.

This prayer was written October 12, 2016. A link to its multimedia version can be found on the blog: http://zielonyzeszyt1977.pl/modlitwy/modlitwa-o-dar-wiary

36

Adoration Prayer

Act of surrendering one's life to God

Blessed Father! With one look You are able to change a sinner's life. You are able to bring consolation where it seemed that only suffering awaits. You are able to give joy to those who are left to their sorrows. You heal those whose bodies are overcome by illness. You bring light to the darkness. Your mercy heals the wounds caused by hatred. Your serenity reshapes the hearts that had been previously ruled by anger.

You are the only answer to all questions. You dispel all doubts. The person who places his life at Your feet will discover that from that moment his life will begin. By giving himself and the whole world into Your hands he will find himself truly free; that he came to know the peace that is beyond understanding; that he found the joy that never ends. And that everything that used to seem to be so real, so important and worthy of attention, fades and finally vanishes in a blaze of Your glory.

Blessed Father, we want to give ourselves to You. Against all reason, we want to entrust our lives into Your mercy. In every moment, with every breath we want to repeat: "Jesus, I trust in You". We give over our joys and sorrows, our illnesses and the moments when nothing troubles us, our loneliness, pride, ambition, knowledge, beliefs, experience, achievements, position in the world, and all that, consciously or not, we had been placing above You. Let nothing stop us from giving ourselves entirely to You; from leaving everything behind and seeing only You. We want only You. To know only You. Live only for You. Die for You. And to be reborn in Your glory. So that there will be only You.

Forever and ever.

Amen.

This prayer was written October 13, 2016. A link to its multimedia version can be found on the blog: http://zielonyzeszyt1977.pl/modlitwy/modlitwa-uwielbienia-akt-oddania-swojego-zycia-bogu

37

Prayer while in the presence of doubt

So Jesus said: "When you have lifted up the Son of man, then you will know that I am He and that I do nothing of my own accord. What I say is what the Father has taught me; He who sent me is with me, and has not left me to myself, for I always do what pleases Him."

John 8: 28-29. (NJB)

Blessed Father, as a tree needs sunlight to grow, we need Your light to grow in faith. When for some reason we feel separated from You, we wither.

Then the doubts appear, we are torn, the ground slips out from under our feet: "Maybe this whole experience is an illusion? Maybe it's some fantasy my mind made up? Maybe God is just a legend? And maybe I am not worth enough to be noticed".

We writhe around, entangled between two realities. Not wholly "there" but not yet "here". The grace of our Lord reshaped our hearts so we cannot look at the world as we used to. We are not able to believe in it as we used to. We are not able to run after the trinkets that we used to admire.

But we do not feel God's presence. We long for the peace that we had in the living Presence of the Father. We wait for the joy that was not of this world but that had filled us entirely.

Blessed Father, give us strength so that in these moments of doubt we may entrust ourselves to You even more heartily. Give us courage so that in the face of the unknown we can give testimony of our love. As we want only You. Only to You we want to give ourselves - so that there will be only You.

Jesus Christ, Your words uplift all straying souls. Make Your teachings continue to resound within us. Let Your example, Your most sacred sacrifice, light the fire of faith in us. You have opened the gate of heaven for us and invite all of us. You tenderly call and teach that the one who follows You will not live in the darkness, but will have the light of life.

Yes, Lord we want Your light! Your love! We want Your peace! Thanks to Your grace we are assured that only in You we will find rest. That You are truly our Father and Your home is our home.

Forever and ever.

Amen.

This prayer was written October 14, 2016. A link to its multimedia version can be found on the blog:
http://zielonyzeszyt1977.pl/modlitwy/modlitwa-w-obliczu-watpliwosci

38

Prayer of Gratitude

Blessed Father, thank You for every second of my life!

Blessed Father, thank You for every second of my life in which I can praise Your Name. Thank You for all the brothers and sisters who bravely preach Your Gospel and by their example testify that You are alive amongst us. Thank You for those who forget about themselves so that they can give themselves to You entirely. Those who, despite their young age, are ahead of the wise men of this world, all thanks to You. Being Your chosen ones, they are filled with Your grace; their words come from You; their power is Your power. They discarded the wisdom of this world to give themselves to You. And You have anointed them with Your love. Thanks to their testimony we also gain confidence and courage. We grow in faith. We want Your light. We want Your Presence. We want Your anointment. We want You.

Almighty Lord, how immeasurable is Your mercy! You bestow Your Presence upon all who truly long to encounter You. Only in the way known to You, through successive meetings, events, sometimes pain and sometimes joy, suffering and release, certainty and nights full of doubts You lead us to Your Presence. And no matter how evil may prompt us You never fail. You always answer our prayers. You remain by us.

Holy Father, fill us with Your Presence. Take away all the doubts that stand in the way of giving ourselves to You entirely. Take away the fear of placing our fate into Your hands. Allow our hearts to welcome only one desire: the desire for Your mercy. So that we will be ready to die in Your arms. To be reborn in Your grace. So that there will be only You.

Amen.

This prayer was written October 15, 2016. A link to its multimedia version can be found on the blog: http://zielonyzeszyt1977.pl/modlitwy/modlitwa-dziekczynna-blogoslawiony-ojcze-dziekuje-ci-za-kazda-sekunde-mojego-zycia

Testimony #9

A Song of Adoration

Jesus said: "I am the resurrection. Anyone who believes in me, even though that person dies, will live, and whoever lives and believes in me will never die. Do you believe this?"

John 11:25-26 (NJB)

Blessed Father, how incomprehensible seem Your promises to those who place trust in You. How unreal and contrary to "common sense" are the words of the One You sent for our salvation. How much they are opposed to what we experience every day. After all, even those who devoted their entire lives die. Those who walked in Your glory, giving the testimony of Your Presence in miracles, still walk away to the house of The Lord. How can we understand the words You reveal in Scripture?

Almighty Lord, for You nothing is impossible! That which You conceal from the mind into which we so often place our entire trust You reveal to the hearts of those who place trust in You. And when You fill them with Your light, when their hearts burn with the fire of Your grace, all becomes clear. In an instant You reveal what was covered. The words which were incomprehensible become perfectly lucid. Suddenly, in Your light, all doubts disappear. All the questions being asked and those yet to be asked dissolve in the One who is the Answer. And there is no more doubtfulness. Instead, in the places where previously resided hesitation, weakness, questioning and anxiety, now there is peace. Your joy. Love that fills us so entirely that we can't withhold sharing it with those whom You place on our path. For the first time we feel truly free. Free of ourselves and free of the world that imposes conditions upon us. Free of all rights and obligations. We are free because we understand that we belong only to You. That it is in Your hands that our life is now. Every breath, word, movement. Knowing this we finally rest. We gently lay our head at Your feet. We rest in Your peace.

And You in Your grace direct us. You send us to people who need help. You put in our mouths words that uplift, bring solace, peace, comprehension, healing, and joy. And we want to stay like children in Your arms. Sometimes with mouths agape observing what You do. Always happy in the Father's arms, wanting for nothing.

Blessed Father, I will never be able to adore You as You deserve. I would never be able to show my appreciation for all You bring for me to experience. For all the gifts with which You fill my life; for Your love which fills every cell of my body. For Your joy that never ends. For Your Presence.

I am all Yours – this is what I can offer in exchange. Do what You want with me. I am here only for You. To adore You every second of my life. To give testimony that You are alive among us. That Your promises are real. That You have been waiting to fulfill them in each of Your sons and daughters. You are not far away, but so close, that nothing can separate us from Your mercy.

That You call everyone and wait patiently for the answer. And that it is never too late to come back to You. Because You love us till the end, till the last breath, ready to open the gates of Your kingdom.

Blessed Father, make all those who long for You and those who do not yet know about You acknowledge that You are the Father of all of us; that they will find in You what they have been looking for; that they will find solace and peace. Freedom. Love. Joy. Give them the courage to abandon themselves and the world for You. All that they value so much. That they value more than You. Then, Your promises will be fulfilled. And You will be in them like You were in Your Son.

Forever and ever

Amen.

This prayer was written October 16, 2016. A link to its multimedia version can be found on the blog: http://zielonyzeszyt1977.pl/moje-nawrocenie-swiadectwa/swiadectwo-9-piesn-uwielbienia-moje-nawrocenie

40

Prayer

Blessed Father, I want to dissolve in You so that I may release a crop of a hundredfold. (Act of surrendering my life to God)

Almighty Father! Without Your grace I am not capable of saying a single word. Against Your will I am not able to make a single step.

Every time I forget to whom I belong, with a tender smile You remind me of how much You love all of us. But You never impose. You simply wait until, lost in my thoughts, I notice that I have averted my eyes from You. That for a moment I believed again that I am able to decide about something. That again I wanted my will, control, responsibilities, knowledge or power. For a moment, consciously or not, I wanted to regain myself. And when this happens, when I choose "a tree" of this world then immediately come the well-known "fruits": stress, anxiety, anger, sometimes helplessness, escapes into the past or future, the avalanche of various thoughts.

And suddenly I wake up from the nightmare. Because You remind me tenderly that I always have a choice. That I can choose You. To put into Your care all that You cause me to experience. To place my life in Your hands. And when this choice becomes obvious then I notice once again the fruits from the Good Tree: peace, joy, love. And You remind us tenderly that Your gifts are always accessible for us. That they always wait for those who place all their hope in You. Those who want to give away all that seemed to be so valuable. Those who are like a seed of wheat that germinates in You to produce a crop of a hundredfold.

Blessed Father, Thank You for those moments when You remind me what my life was like in the past. How I had lived before I met You. In these short moments You allow me to discover the greatness of Your mercy. How wonderful are Your gifts to us. How great is Your grace. Thanks to these moments I fall in love ever anew. I give myself to You ever anew. I entrust my life to You ever anew.

Blessed Lord, do not let me be seized by the arrogance and the conviction that it is I who have You. Make me, filled with humility, in every moment confirm that I belong to You. That I do not want anything except for You.

Amen.

This prayer was written October 17, 2016. A link to its multimedia version can be found on the blog: http://zielonyzeszyt1977.pl/modlitwy/modlitwa-blogoslawiony-ojcze-chce-obumrzec-w-tobie-aby-wydac-plon-stokrotny-akt-oddania-swojego-zycia-bogu

41

Prayer that we may never forget love (Prayer for Love)

"I give you a new commandment: love one another; you must love one another just as I have loved you. It is by your love for one another, that everyone will recognize you as my disciples".

John 13:34-35 (NJB)

Almighty God! How great is the power of Your love! What seems impossible can suddenly become fact when, instead of doing it “our way,” we open to Your grace. When we immerse ourselves in Your love.

When in accordance with to Your Son's teaching we open our hearts to His love, we become the witnesses of the miraculous transformations, healing, joy, peace, forgiveness and reconciliation. Because nothing is impossible for You.

This world is trying to convince us that we operate in the sphere of the possible. That we cannot count on miracles; that things are more reliable and safer when we focus on what is real here; that we should manage our lives in such a way as to avoid, or at least limit, the disappointments. That God, who is not controllable, who is not comprehensible, and who is invisible, is a risky ally. And if we follow His directions and the teachings He left for us then our "old" lives will end. Our safe lives, perhaps not always as comfortable or controllable as we had hoped, but nevertheless our known and familiar lives will have to change. Our lives will be completely beyond our control. And we may not like what God has prepared for us.

We forget about love. About being able to recognize those who have given themselves to God because they are now filled with the love that Jesus Christ had taught us. We forget that whatever God has prepared for us, we will be immersed in His mercy. In His peace. In His joy. The unknowns are inessential details. What is certain, however, is that which never changes: the gifts of our Father, whose grace is unlimited; the love in which every person we meet will be for us a brother and a sister in Christ; the joy, which has its source from God's Presence; and the peace, which nothing on this earth can disturb.

Blessed Father, let our hearts reply to Your Beloved Son's call. Fill us with His love. So that we courageously follow Him every day, loving our brothers just as He loved us. So that led by Your will, we give testimony every day that You are alive amongst us. So that we are tools in Your hands. And that all people that appear on our path, encouraged by our example, joyously give themselves over to You to find true freedom, peace and Your love.

Amen.

This prayer was written October 18, 2016. A link to its multimedia version can be found on the blog: http://zielonyzeszyt1977.pl/modlitwy/modlitwa-o-to-abysmy-nigdy-nie-zapomnieli-milosci-modlitwa-o-milosc

42

Prayer of Adoration

Lord Christ Jesus, fill us with Your presence in such a way so that only You remain

Blessed Father, You wrap each of us in Your love. Every day, You invite us to Your feast. You have prepared a place to live in Your home, where You want to host each of us. You wait patiently for each of us. Calmly You remind us that Your only begotten Son is our Way. That in Him we will find the answers to any questions we ask. He will lead us to life if only we listen to His teaching; if we believe in His words; if we follow the obedience of The One, who through His death conquered all sins. If in every second we choose Your light instead of the darkness of sin. If we choose You, Father, and lay down ourselves.

Jesus Christ, in such a beautiful way You explain to us how to return to You, patiently and filled with immeasurable love. You explain what to do to meet You, to meet the Father. Open our hearts so that we stop resisting Your teaching. Give us the courage to place everything in Your hands and from that moment on to follow You in obedience toward our Father. Be the way and the truth and the life for us. Fill us with Yourself, so that there will be only You.

Amen.

This prayer was written October 19, 2016. A link to its multimedia version can be found on the blog: http://zielonyzeszyt1977.pl/modlitwy/modlitwa-uwielbienia-jezu-chryste-wypelnij-nas-soba-tak-abys-zostal-tylko-ty

43

Prayer of Adoration

Beloved Father, I offer You thanks for this wonderful world that you have created for us.

Beloved Father, thank You for this wonderful world You have created. For day. For night. For autumn, winter, spring and summer. For the sun and the moon. For the light and the darkness. For love and hatred. For joy and anger. For peace and anxiety. For friendship and indifference.

Blessed Father, for a time You allow us to see this world through our own eyes. Give us free will to judge what is wrong and right. You allow us to gain knowledge, experience. You awake the desire for development, for collecting material goods, placing a claim on being the one who is right. In Your immeasurable mercy You allow us to place a higher value on what is "ours" than on You. You allow us to believe that our fate may be in our hands. If we manage our lives we will be able to find peace. And we will taste fulfilment and joy. And the relief that is to pay off all our earlier efforts.

But to our astonishment, the world in which there is no place for You, a place where we make all the decisions, changes from paradise into hell. Stress. Exhaustion. Diseases. Wars. Death. Injustice. Suffering of the innocent. Anxiety. Loneliness. We wonder how to find the meaning of life in such a place. How to live when it is so difficult to see hope.

And then You softly remind us about Yourself. You remind us about Your Beloved Son's teaching. You relay to us His holy words: "Peace I leave with you, my peace I give unto you." (John 14: 27) And although the mind does not comprehend these words, the heart is ready to answer. It recognizes its Creator and wants to gently place itself into His hands. To immerse in the immeasurable love of its Lord. We are ready to drop what we have busily collected: knowledge, beliefs, being right, experience, wealth, friendships, relations, position and finally ourselves. Yes, we want to be like children who know nothing but You. Who surrender themselves entirely into Your care.

In You, Father, we discover again the beauty of the world. Thanks to Your grace, we see the world through the eyes of Your Beloved Son, in whom You are well pleased. We see the world as You see it. We see in every brother and sister the image of Christ. Every experience becomes a part of Your perfect plan. The way to You. And Your light fills our hearts. Your love pours out to every cell of our body. We get to know a peace that exceeds all imagination. Joy that has no limits. We recognize that we are returning to where You've always been waiting for us. Where sin has been vanquished and Your order reigns. Where You are waiting for us.

Blessed Father, do not allow us to put off answering Your call. Give us the courage to immerse ourselves in Your boundless mercy. Help us untangle ourselves from what is keeping us away from You. We want to joyously surrender ourselves into Your arms. To give our lives to You. So that You will live in us. So that there will be only You.

Amen.

This prayer was written October 20, 2016. A link to its multimedia version can be found on the blog: http://zielonyzeszyt1977.pl/modlitwy/modlitwa-uwielbienia-ukochany-ojcze-dzieki-ci-skladam-za-wspanialy-swiat-ktory-dla-nas-stworzyles-2

44

Prayer of Thanks for the gift of fasting

Today is Friday. Sometime ago I "spontaneously" decided that it would be a Fast day (water-only diet). I know that when I write I "have made a decision" I am giving myself some credit ;-) I simply do not oppose what You, Father, have prepared for me. And for this fast I would like to thank You, Lord.

In the past I could not understand the point of fasting. Why should I deny myself anything? Why not eat all the wonderful gifts which are at my fingertips? Why would I voluntarily put myself in a state of discomfort where everything suddenly becomes enticing, fragrant, and so delicious?

Fortunately, I think and analyze less nowadays. :-) I simply do what You, Father, wish me to do. And thanks to this I have discovered what had been hidden from me: the beautiful blessing that comes from the fast offered to You. I am unable to show my full appreciation for this gift, so forgotten in this world. Yet it is so easily available to those who are ready to hear the invitation. It is an invitation to just for one day place You before our own needs. For only a moment to see nothing but You. So that every moment of fasting can be a wonderful opportunity to adore our Father.

Almighty Lord, open the hearts of Your children to Your whisper. Do not let the shout of this world suppress it. Let us discover anew the power that comes from the humble heart, from modesty. From forgetting about ourselves and our needs. And entirely give ourselves over to You. Help us to trust. Make our faith stronger. Fill us with Yourself. May only You remain.

Amen.

This prayer was written October 21, 2016. A link to its multimedia version can be found on the blog: http://zielonyzeszyt1977.pl/modlitwy/modlitwa-dziekczynna-za-dar-postu

Prayer of Worship

Righteous Father, You are the light that sets us free from the darkness of sin

"And the judgement is this: though the light has come into the world people have preferred darkness to the light because their deeds were evil. And indeed, everybody who does wrong hates the light and avoids it, to prevent his actions from being shown up; but whoever does the truth comes out into the light, so that what he is doing may plainly appear as done in God."

John 3:19-21 (NJB)

Righteous Father, You are the light that sets us free from the darkness of sin. In Your graciousness You reach out to us each day. You invite us to give our lives to You. Through Your goodness, the teaching of Your Beloved Son is available to each of us. It is up to us to choose whether we want to open our hearts to it, or whether we would rather live as we have been living thus far. Do we want Your mercy to change our lives or do we choose to live our lives according to our own plans. Do we want to accept Your gifts, or do we believe that we can provide for ourselves everything we want.

Blessed Lord, You invite each of us into Your light. You offer everyone the answer to all questions. You offer everyone healing from all ailments. You want to bring solace to everyone. Joy. Peace. Nevertheless, we often reject this invitation. We don't see the value in what You want to offer us. And the price we have to pay seems so high. After all, it's everything we "have" now. Everything we value. Everything we have achieved with so much difficulty, and often in Your name. We do not want to give up control, responsibility, family, material gain, position among friends and at work. It all seems so real, so tangible, while no one has ever seen You. No one has ever touched You. No one has assessed the value of what it is that You want to give us. So thus far we are not ready to accept from You that which is our inheritance.

Patient Lord, in Your graciousness You prepare a path for each one of us to follow toward You. When we are ready You place on our path people who reveal to us the true value of Your gifts. You cause us to experience events that show us the true value of what we accomplish by ourselves. Finally, You open our hearts so we can discover for ourselves the One who brings joy, peace, and freedom. And we become more and more ready. More and more aware of the choice You have set before us since the beginning of time. We see more and more clearly the darkness in which we had been living and the light that You bring which puts an end to our suffering. Until finally through Your grace there is no longer any doubt within us. We choose You. We choose the teachings of Your Son. We choose the Spirit of Truth. We stand in Your light as children who have given themselves to You; who have put their lives in Your hands. Who now only see Your will.

Blessed Father, fill us with Your light. Pour Your grace into us. Give us the strength to give

ourselves to You right now. May we, filled with Your wisdom, abandon ourselves in this very second. So that from now on there will only be You forever and ever.

Amen.

This prayer was written on October 22, 2016. The link to the multimedia version of this prayer is on the blog: "http://zielonyzeszyt1977.pl/modlitwy/modlitwa-uwielbienia-sprawiedliwy-ojcze-ty-jestes-swiatlem-ktore-uwalnia-nas-z-ciem nosci-grzechu.

46

Prayer of release

Blessed Lord, cleanse our hearts of all doubt

Almighty God, how great is Your love for us when You so faithfully and patiently abide with us while we continue to choose our lives over Your will. You never turn away from us, even though we often turn away from You. To You we are always the beloved children to whose return home You look forward. You sent Your Son into this world to open wide for us the gates to Your kingdom and to invite inside those who had gone astray. Those who have lost sight of You.

And Jesus still stands by his invitation. His words are as vital now as they were 2000 years ago. Just as they did then, they continue to bring comfort. They open our eyes and ears to Your signs. They heal our bodies. They light the flame of Your love in hearts.

Almighty God, I praise You and give You thanks, for by Your grace I am in the best possible hands. I have laid my life at the feet of my beloved Father, who in His mercy has kindled the fire of grace in me. Who by His Spirit directs my every step. Who leads me where He wants me to be. Who brings the words when they are meant to be spoken. And I am resting in peace. Free from myself and from what the world was using to pull me away from You. Forever free in the hands of the One who created us.

Blessed Lord, cleanse our hearts of all doubt. Remove from us all thoughts of misgiving. All that seems so precious and near that we still dare not offer it to You in sacrifice, make it burn in the fire of Your love. Let us see the vastness and beauty of what You have prepared for us in return. May it happen now, in this moment, that in Your grace we may forget ourselves. That we may die to the old life and be born again in You. So that we will see ourselves and our brothers as You see us and carry the good news of Your mercy wherever You send us.

Amen.

This prayer was written on October 23, 2016. The link to the multimedia version of this prayer is on the blog: "http://zielonyzeszyt1977.pl/modlitwy/modlitwa-o-uwolnienie-blogoslawiony-panie-oczysc-nasze-serc

Prayer of Adoration

Blessed Father! Everything belongs to You!

Blessed Father! Everything belongs to You! Everything our eyes see was created by Your hand. And everything bears Your holy mark. A beautiful testimony to Your infinite goodness. When we look at Your works with our human eyes, it seems so easy for us to judge what we see. This is necessary and that is unnecessary. This is beautiful but that is ugly. This we want and that we avoid at all costs. We feel so confident that our judgments are flawless. We forget that our parents, Adam and Eve, were truly happy in paradise until they tasted the one forbidden fruit that brought the knowledge of good and evil.

Blessed Father, even though for part of our lives we listen to the whispers of evil and, like Adam and Eve, believe that our eyes will be opened and we will know good and evil as You do, You are with us. When we are unable to hear Your invitation to let go of judgment and entrust our lives to You, You simply reveal to us the taste of the "fruit" from that "tree". And we wonder that even though we do everything "right," even though we try so hard, even though we lead honest lives, even though we follow Your commandments, we still don't find peace. The path we continue to follow is one where peace is temporary. Where joy comes and goes. And Your Presence, at times so strong and unmistakable, then turns into a dark night of heartbreaking emptiness.

Merciful Lord, You created us in Your image. Because of that, we will not rest until we return to the Father's house. We will find no comfort beyond Your loving arms. And we will seek You until, finally exhausted by our own efforts, we rest in a silence where Your invitation can be heard. And then we will discover that what we had expended such great effort to seek externally has been so close all along. Available to anyone and at any time. Given by You, Father, and costing us nothing. And yet the "price" seems so great. We're supposed to let go of everything. Everything that we have accumulated. The ones we love. And ultimately, ourselves. Is there anyone who is able to answer such a call? And yet there comes a time when, in Your grace, all doubt disappears. When we know that You are all we want. When we turn into little children who don't want to know anything anymore. Who place themselves in Your hands. Who see only Your will for themselves.

And in Your grace we are born again. We die to the old life in order to be resurrected as those chosen by You. And You graciously bestow Your gifts upon us. The peace that comes from the presence of the One Who Is. A joy that does not pass away. A love that spills over everything and everyone like Your life-giving rain. Questions, doubts and uncertainties disappear in the light of knowing You. We belong to You. We live for You. We die for You.

Almighty Father, fill us with Your wisdom. Enlighten us with Your grace so that we may give ourselves to You now. May all the glamour we still see in being in charge of our lives depart this

very second. May all the fear of giving ourselves to You completely turn in this very moment into the conviction that this is all we want. May nothing keep us away from You any longer. For we want You to be in us the way You were with Your Beloved Son. We want You to be the only One with us.

Amen.

This prayer was written on October 24, 2016. The link to the multimedia version of this prayer is on the blog: "http://zielonyzeszyt1977.pl/modlitwy/modlitwa-uwielbienia-blogoslawiony-ojcze-do-ciebie-nalezy-wszystko.

48

Testimony #10

Happiness is more about giving than taking

"There is more happiness in giving than in receiving."

Acts 20:35 (NJB)

Blessed Father, how incomprehensible to human reason seems the logic of Your mercy. How much it defies “common” sense. How often it seems unacceptable to those who keep their feet firmly on the ground. Yet You teach us to turn the other cheek. To give to everyone who asks of us, and when someone takes our property, to not demand it back. And to him who takes our cloak from us, we are not to withhold our tunic as well. In a world focused on competition, on material success, on accumulation, how can we respond to such a request? Who can meet these almost impossible requirements?

When the time came for me to look for another way to live, Scripture became one of my first readings. As I read it, I was aware that the words written there had great power. However, I was unable to understand their meaning. Jesus' words seemed completely disconnected from "real" life. His guidance may have been understandable to someone who was the Son of God, but to everyone else it seemed completely "out of touch." After all, if I give away everything I have, I will starve to death, die of cold, or end up "under the bridge." If I turn the "other cheek" in a life-threatening or dangerous situation, I might lose my life or my health. Besides, I knew Jesus' teachings were not tips on how to commit suicide. They do not lead to poverty or ruin, but to immeasurable wealth and eternal happiness. But how?

You, Lord, were revealing Your secrets to me according to how open I was. While I was still trusting "the world" and its laws, You were gently providing me with more and more evidence that I might be wrong. That I was putting my trust where nothing was, is, or ever will be certain. Where everything is constantly changing. You've shown me that by looking at the things that

constantly flicker, shout, draw attention and seem so attractive, I was missing the chance to discover the One Who Is. The One Who makes all things possible. Step by step You were revealing Your mercy before me. And gradually something that had previously seemed incomprehensible was begining to bring comfort. I began to trust You more and more and retain less and less confidence in myself and what I had learned about life.

Blessed Father, how wonderful it is to live for You! How wonderful to have nothing of my own! What freedom it brings to entrust to You every breath, every gesture, every word! It's only when I've given You everything that I'm truly rich. It is only when I have relinquished all my rights and my own will that I am truly free. It is only when I have given up the search for peace that I am truly at peace. Because in You is everything I ever wanted. You are the answer to every question I have ever asked. Your Presence is the fulfillment of all of my dreams.

Merciful Father, open our hearts to the words of Your Beloved Son. May the words of Jesus Christ, although sometimes so incomprehensible, open us to what You have prepared for us. Give us the faith to trust these words, even though we may not understand them at the moment. Give us a patience that will cause discouragement to pass us by when we once again meet with disappointment. When everything in us screams that You've turned away from us.

Righteous Father, grant that we may not hear that which shouts; that we may not see that which glitters and shines, because true wealth can only be found in You. That which is truly precious will be found in a humble heart. In the silence in which You speak to us. In the silence in which You want to reveal Yourself to us. In that silence You bring us peace.

Amen.

This testimony was written on October 26, 2016. The link to the multimedia version of this testimony is on the blog: "http://zielonyzeszyt1977.pl/moje-nawrocenie-swiadectwa/swiadectwo-10-szczescie-polega-bardziej-na-dawaniu-niz-na-braniu-moje-nawrocenie.

49

Prayer

When You pray, do not say many words like the pagans...

'And when you pray, do not imitate the hypocrites: they love to say their prayers standing up in the synagogues and at the street corners for people to see them. In truth I tell you, they have had their reward. But when you pray, go to your private room, shut yourself in, and so pray to your Father who is in that place, and your Father who sees all that is done in secret will reward you. In your prayers do not babble as the gentiles do, for they think that by using many words they will make themselves heard. Do not be like them; your Father knows what you need before you ask him.

Matt 6:5-8 (NJB)
Amen.

This prayer was written on October 28, 2016. The link to the multimedia version of this prayer is on the blog: "http://zielonyzeszyt1977.pl/modlitwy/modlitwa-gdy-sie-modlicie-nie-mowcie-wielu-slow-jak-poganie.

50

Prayer of Thanksgiving

Blessed Lord, I give thanks to You for the guidance You give to each of us

Blessed Father, thank You for a wonderful weekend spent on retreat in honor of Your glory. Thank You for Your guidance of each of us. For Your Presence. For having the courage to worship You with all of myself. For the wonderful healings that have taken place. Healings that not only ended the suffering of bodily infirmities, but more importantly those that made us ready and willing to place our lives in Your hands. Healings which opened our hearts to see nothing but You. They filled us with the courage to choose the narrow gate and the narrow path leading to You. To abandon what we know so well and place ourselves in the hands of the One whom no one has ever seen. Through the healing with which You have embraced our hearts, through the flame that Your Holy Spirit has kindled in them, we know that only in You will we find comfort; that You are the reason and source of the joy that does not pass away. That You bring the peace that surpasses all understanding.

Almighty Lord, thank You for the care of the priests who, by Your grace, have watched over us. I give You thanks for the shepherds who at an early age abandoned for You the pleasures of earthly life. Thank You for their determination and courage that inspires and encourages us to follow in their footsteps as appropriate to our own earthly calling. They inspire us to give You everything we value and care about, and to accept with humility what You have prepared for us, so that nothing earthly may occupy the place on the altars of our hearts reserved for You.

Righteous Father, keep us from the sin of arrogance. Guard against us considering ourselves justified before You.

Fill us with the humility of the tax collector (Luke 18:9-14) who sees only Your glory. Who knows he can't do anything without Your help. Whose entire power comes from You. And he lives only for You, to do Your will.

Blessed Father, if there is anything else that we believe prevents us from giving ourselves to You, may it be healed this very second. May all the ailments of our souls, all that we put our trust in

that distances us from You, may it be healed in this second. By the power of Your Son, Jesus Christ, may we be touched by Your grace and give our lives to You without question. Through the death and resurrection of Your Son may we be healed of our own selves this very second. May we, in this very second, together with Jesus Christ, die to the world to be resurrected for You.

To live only for You.

Amen.

This prayer was written on October 31, 2016. The link to the multimedia version of this prayer is on the blog: "http://zielonyzeszyt1977.pl/modlitwy/modlitwa-dziekczynna-blogoslawiony-panie-dzieki-ci-skladam-za-twoje-prowadzenie-kazdego-z-nas.

51

Prayer of Worship

Blessed Father, how limitless is Your power!

Blessed Father, how limitless is Your power! How great are Your works! In one second something that was impossible according to our human judgment becomes a fact according to Your will. Those who just a moment ago said that they didn't believe in anything, become ready to give their lives for You. Those who persecuted Your followers become zealous apostles. Those who had not seen any meaning in their lives, now by Your grace, help others find meaning in theirs. For You, there is no instance where healing cannot happen at this very moment. There is not a person in the world who, when filled with the Holy Spirit, could not at this very second die to the world to be born again to You. And although the outside world could easily overlook this resurrection, there will be great joy in heaven.

Therefore, we ask You, Heavenly Father, heal us in this very second. Fill us with Your light, and light the fire of Your love in our hearts. Free us from ourselves. Fill us with Yourself so that only You remain.

Amen.

This prayer was written on November 1, 2016. The link to the multimedia version of this prayer is on the blog: "http://zielonyzeszyt1977.pl/modlitwy/modlitwa-uwielbienia-blogoslawiony-ojcze-jak-nieograniczona-jest-twoja-moc.

52

Prayer of Adoration

Righteous God! I want to adore You with every breath!

Righteous God! Creator of life which in Your goodness You have bestowed upon us! I want to adore You with every breath! I want to express my gratitude for the wonderful world You have created for us. For Your peace which You want to bestow upon all Your children. For Your love that nothing can stand in the way of. For being able to see Your creation as You see it as soon as we give up looking at it with our own eyes. When we give up our own judgments, You fill us with Your mercy. When we give up our own views, You fill us with Your knowledge. When we relinquish control, You fill us with the peace in which we comprehend that life does not need to be controled. That life's flow is not working against us. That it is a wonderful gift through which we can know You as You know us.

Blessed Father, fill our hearts with the humility to forget, if only for a moment, all of our "accomplishments" and "failures," all that we have and all that we have lost, our dreams that have been fulfilled and those unfulfilled, and place us completely in Your hands. Give us the courage to lay our lives at Your feet, if only for a few moments. To become like little children in the arms of a loving Father. Who need nothing, expect nothing, long for nothing. They just are. Snuggled up in the One they love. The One they trust. To Whom they entrust everything.

Merciful Father, grant that we, filled with Your Spirit, may cry out with every breath: "Abba! Father!" Lead us to where You want us to be. Fill us with the words that should be said. Fill us with Yourself in such a way so that only Your Presence remains.

Amen.

This prayer was written on November 2, 2016. The link to the multimedia version of this prayer is on the blog: "http://zielonyzeszyt1977.pl/modlitwy/modlitwa-uwielbienia-sprawiedliwy-boze-chce-cie-uwielbiac-kazdym-oddechem .

53

Testimony # 11

About the compass that led me to God (my conversion)

"Do not model your behavior on the contemporary world, but let the renewing of your minds transform you, so that you may discern for yourselves what is the will of God -- what is good and acceptable and mature".

Romans 12:2 (NJB)

Almighty Father, I adore Your holy Name. Thank You, for the infinite mercy in which You bestow Your graces upon us; in which You transform our way of thinking and open us to Your love; in which You make us ready to admit that only in You will we find peace. That You alone are the source of joy that does not fade. That only in You can we truly live.

For much of my life, Father, the idea of worshiping You in this way was unthinkable. What do You mean "only in God can you live"? What about the day-to-day functioning at work, enduring stress, chasing desires where there is no room for anything but myself? Besides this, what do I need? After all, life was given to me so that I could pursue my dreams. To reach where no one has reached before me. That's for me to decide. I'm the one who gets to choose. Yes, that's the way I had been piling up my hopes for a long time. I believed that if I had to count on anyone, it was surely myself.

But You, Almighty Father, have transformed my way of thinking. Step by step You have shown that a life lived according to my expectations cannot bring peace. That while I'm the one who decides, I will never be thuroughly satisfied. That, as the saying goes, if You give me one finger soon I will want the whole hand. That a satisfaction based on my own accomplishments is fleeting. And then comes the desire to have even more, to be even more, to live and play even harder.

But something in me wanted more than brief moments of peace. I wanted a peace that is not dependent on what is going on around me. One that is not dependent on any mood that I happen to be in. Something in me longed for a world where everything is in its rightful place. A world in which nothing needs to be adjusted. A world in which joy simply arises from existence. And this desire, which You have placed in the hearts of all of Your children, was the compass that has led me to You. Because You created us in Your image and likeness. And we are not able to forget our heritage. We cannot erase from our hearts the longing for You. We cannot give up our desire to return to the heavenly home You have prepared for us. What can happen is that for a moment the world might drown out that longing. It can distract us from You and Your gifts. And that's what happened with me.

But after a while, when what the world wanted to replace You with became unbearable to me, You revealed Your glory to me. You showed me that what I had desired for so long was closer than I'd thought. It was waiting for me: these were the gifts that You wanted to offer! And You were just waiting until I was ready to accept them. It became clear to me that my whole life up to that point had been preparing me for this one thing: to be ready to receive You. To be prepared to correctly discern the value of the inheritance of the sons of God. To not hesitate when You called me into Your service.

And now, in Your grace, I cry out to You: Abba! Father! Lead me where You want me to be! Put in my mouth what You want to be said. Do with me what is pleasing to You. I only live for You! Fill me with You so that which still bears the scent of the old me disappears. So that You are the only One who remains.

Amen.

[missing hyperlink – widzę, że w Polskiej wersji też nie ma]

54

Petitionary Prayer

Blessed Father! Purify us so that we will be ready to accept what You have prepared for us!

Blessed Father, You have prepared a place in Your house for each of us. To everyone You want to offer the inheritance of the sons of God. You sent Your Beloved Son to open wide for us the gates of Your kingdom. In His words that You have left for us, we can read the clues that will lead us to You. Words which will open our hearts and prepare them for Your coming.

Almighty Lord, grant that all those who seek You may not hesitate to seek help in Your holy words. That they may find in the Scriptures the counsel that You want them to have just at this moment today. That they may believe that though Your words were written so long ago, they are alive in their power today. And You want to speak to each of us through these words.

Blessed Father, fill us with humility and empty us of what we have gathered up to now. Purify us that we may be ready to receive what You have prepared for us. Fill us with Your peace so that our every breath becomes a hymn to Your glory. Make us witnesses to the fact that You are alive among Your people. And that You never left us.

Amen.

This prayer was written on November 4, 2016. The link to the multimedia version of this prayer is on the blog: "http://zielonyzeszyt1977.pl/modlitwy/modlitwa-blagalna-blogoslawiony-ojcze-oczysc-nas-bysmy-byli-gotowi-przyjac-to-co-ty-dla-nas-przygotowales.

55

Prayer for Humility

Consider, brothers, how you were called; not many of you are wise by human standards, not many influential, not many from noble families. No, God chose those who by human standards are fools to shame the wise; he chose those who by human standards are weak to shame the strong, those who by human standards are common and contemptible -- indeed those who count for nothing -- to reduce to nothing all those that do count for something, so that no human being might feel boastful before God. It is by him that you exist in Christ Jesus, who for us was made wisdom from God, and saving justice and holiness and redemption. As scripture says: If anyone wants to boast, let him boast of the Lord.

1 Corinthians 1:26-31 (NJB)

Righteous Father, You view our achievements in this world as insignificant. To You, our successes, fortunes, recognition in the eyes of others, are all irrelevant. It is not according to them that You call us. It is not those who try harder who enter Your kingdom. It is not the more beautiful, the wiser, or the more talented who access the grace of being in Your Presence. It is not those who are first here on earth who turn out to be first in Your home.

Blessed Lord, You have prepared a place at Your side for each of us. You want to give each of Your children their inheritance. In the hearts of each of us You have imprinted an eternal seal that points in the direction of home. This is where we will find the treasures that we've been seeking all our lives. And it is precisely those with humble hearts, ready to follow Your call, who discover Your face. It is those who turn their eyes and attention away from what they themselves have accomplished that are able to see what You have prepared for them. It is those who forget themselves that are ready to remember that You are our Father. That You created us in Your image. And only in You are we free. Only in You can we be embraced by a peace that will never fade or flicker out. You alone are the source of the joy that is eternal.

Beloved Father, give us the humility that is necessary to see Your glory. So that, regardless of our place in this world, we give everything to You. So that, like little children, we can curl up in Your beloved arms and forget about ourselves. So that there is only You.

Amen.

This prayer was written on November 5, 2016. The link to the multimedia version of this prayer is on the blog: "http://zielonyzeszyt1977.pl/modlitwy/modlitwa-o-pokore.

56

Prayer for release from doubt, prayer for faith and courage

Blessed Father, as we remember today the resurrection of Your Beloved Son, my heart is filled with indescribable gratitude. Through Jesus Christ You have shown us Your power. Through His perfect sacrifice You have opened wide the gates of Your kingdom. You have shown us that You are Lord over death. That You are Lord over sin. And You have shown us that when we trust in Your mercy, we too will become heirs in Your kingdom.

Why then do we harbour such great doubt? Why does it seem so difficult for us to hear the call of Your Son:

“No one who prefers father or mother to me is worthy of me. No one who prefers son or daughter to me is worthy of me. Anyone who does not take his cross and follow in my footsteps is not worthy of me. Anyone who finds his life will lose it; anyone who loses his life for my sake will find it.”

Matt 10:37-39 (NJB)

Why are we afraid to lose our lives because of You? Why don't we trust You with our destiny? Why don't we, filled with Your love, lay everything at Your feet? Why do we listen to the promptings of someone who claims that such devotion will end in disaster? Why do we trust whispers that say we can't trust You 100%? That free will is the reason and justification to put our hopes in ourselves?

Blessed Father, this Sunday remove all doubt from us. Pour into us the courage and faith to disregard the one who wants to separate us from You. Fill us with a humility in which it becomes clear that only in You can we be free; that only in You life awaits. That You are our Father in whom we find rest.

Jesus Christ, just as it was 2000 years ago when You showed the might and power of the Father, so today crumble our pride and fill us with Your love. Reveal Your power in our hearts. Kindle a flame in them that will burn away all that holds us back from following You. From abandoning ourselves, taking up our cross and following You. So that together with You we can give glory to our Father.

Amen.

This prayer was written on November 6, 2016. The link to the multimedia version of this prayer is on the blog: "http://zielonyzeszyt1977.pl/modlitwy/modlitwa-o-uwolnienie-od-watpliwosci-modlitwa-o-wiare-odwage.

57

Prayer of Worship

Blessed Father, all my wisdom is in Your hands!

Blessed Father, in Your hands is all my wisdom. I only know as much as You are willing to reveal to me. All my opinions and views that I had on various topics are gone along with the desire to make up my own mind about life. They lost their charm when I surrendered to Your will. When You took me and filled me with Yourself.

For what is the wisdom of the world, when I am in the arms of Him who made the world? Why should I be able to distinguish between good and evil, when my will is to do the will of Him who conquered sin? I don't want to know anything but You. I don't want to know anything except what You want to reveal to me.

Blessed Father, fill us with the humility that will allow us to properly value the wisdom of this world. Give us the courage to let go of what many of our kind value so much. Give us the strength

to become like children who know nothing but the Father in whose arms they are safe. Who have no expectations, no plans, no preferences. Who treat every moment granted by God as a precious gift that presents itself in a given form. And in these moments they praise God's mercy.

Righteous Father, despite all that seems so valuable to us, give us the strength to put all our rights and privileges into Your hands. All our freedom. Our free will. To give ourselves to You 100 percent, leaving nothing for ourselves. To be completely and irrevocably subject to You. To live for You. To die for You. So that there is only You in us from now on.

Amen.

This prayer was written on November 7, 2016. The link to the multimedia version of this prayer is on the blog: "http://zielonyzeszyt1977.pl/modlitwy/modlitwa-uwielbienia-blogoslawiony-ojcze-w-twoich-rekach-jest-cala-moja-madrosc.

58

Prayer in the face of suffering

Righteous Father, every day You amaze me with Your mercy. Every day You give evidence of Your immeasurable goodness. Every second You invite each of us back into Your home. You forgive each of us our faults and offer reconciliation with Yourself. But we do not trust in Your grace. We do not believe the words of The One Whom You have sent to us. We can't believe You are so close. That You never left us. We prefer to trust ourselves; to trust how we ourselves see the world and how we "built" it. Filled with the fruit of knowing good and evil, we prefer our judgment over Your mercy. We prefer the darkness of sin to the light of Your Presence.

But this is only for a while. Only until through Your grace it becomes clear to us that the path we have chosen for ourselves leads to death. That without Your light we are lost. And when we realize that You are the answer to all our questions, we joyfully answer Your call. We abandon our beliefs. We abandon our judgments. We accept what You have prepared for us with the peace, joy and love that transcends what the world has prepared. We are finally free. We finally find relief. We are finally home.

And then we discover that You have been with us all along. Even when we thought You had left us, You were faithfully beside us. When we were experiencing great suffering which cried out to us that You were not with us and that You had forgotten us, You abided with us in our pain. And You quietly reminded us that only in You will we find comfort. Only in You will we find peace. But every time we choose ourselves, darkness awaits us. But for a time we were not ready to respond to that invitation.

Merciful Father, fill us with an awareness of Your being with us. Especially in the face of suffering and pain, give us the grace to give ourselves over to You. Give us the strength to trust that everything You cause us to experience brings us closer to the moment when there will be only

You for us. That everything brings us closer to giving ourselves to You. That in a mysterious way, known only to You, our difficult experiences cleanse us of the belief that we will provide our own happiness. That we will secure our own salvation.

Blessed Father, at this moment we surrender to You all our worries, all our pain, all the discomforts You let us experience. To You we offer our lives. Guide us according to Your will. We want only You to be with us. That we may see nothing but Your will. That we may become free from this world and ourselves. Forever in Your arms.

Amen.

This prayer was written on November 8, 2016. The link to the multimedia version of this prayer is on the blog: "http://zielonyzeszyt1977.pl/modlitwy/modlitwa-w-obliczu-cierpienia.

59

Prayer of Thanksgiving

Thank You, merciful Father, for the wonderful gifts You have prepared for us!

Who made you so important? What have you got that was not given to you? And if it was given to you, why are you boasting as though it were your own?

1 Corinthians 4:7 (NJB)

Blessed Father, by Your goodness all things can be ours: *"and the world, and life, and death, and the present, and the future" (1 Corinthians 3:22)* You, in Your mercy, do not want to leave anything for Yourself. That is why You sent Your Beloved Son, Jesus Christ. His perfect sacrifice has opened wide the gates to the treasury of Your gifts. In Him we can experience Your grace. He is our way, and truth, and life. He heals us of ourselves. He opens our eyes to what You want to offer us. For when we choose to do Your will, everything will be ours. Even though we will leave all that we have accumulated and place ourselves in Your hands, we will lack nothing. For in Your Presence we will truly understand what it is that we will inherit as Your children. No treasure in this world can compare with it.

Thank You, merciful Father for the wonderful gifts You have prepared for us. For Your boundless generosity. And for Your patience for putting up with our constant doubts. That we can't or that we don't want to trust You fully. That we want to decide for ourselves. That we want to be in control. That we want to know. That we don't want to let go of ourselves. That we place such great value in this world and its gifts. That we value ourselves so much.

Blessed Father, give us the wisdom to properly discern the value of what You have prepared for us. Give us the courage that, despite it seeming unreasonable, we may learn to trust the silence in which You speak to us. To trust our hearts that only want to beat for You; hearts in which the

fire of the Spirit You sent to us burns only timidly. Clear away any doubts we might have so that we can choose Your light and live only for You.

Amen.

This prayer was written on November 9, 2016. The link to the multimedia version of this prayer is on the blog: "http://zielonyzeszyt1977.pl/modlitwy/modlitwa-dziekczynna-dziekuje-ci-milosierny-ojcze-za-wspaniale-dary-ktore-dla-nas-przygotowales.

60

Prayer of entrusting our lives to God

Blessed Father, I give myself to You completely!

Blessed Father, You sent Your Son to conquer death. You gave us Your holy Word that we might know life; that we might choose the light and forget the darkness. And today we are ready to respond to Your invitation. Today we say: Yes, Father! I only want You! I give myself to You completely! Take away everything that originates from me alone. Give me only what You want me to have. So that there is only You in me from now on.

Amen.

Read: Romans 6:3-4.10-11

This prayer was written on November 10, 2016. The link to the multimedia version of this prayer is on the blog: "http://zielonyzeszyt1977.pl/modlitwy/modlitwa-zawierzenia-swojego-zycia-bogu-blogoslawiony-ojcze-oddaje-sie-tobie-calkowicie.

61

Merciful Father, open our hearts to the prayer You wish to awaken us

Righteous Father, You have left for us so many prayers with which to adore You. You have shown so many ways we can express gratitude for the abundance of Your graces. You have taught us how to ask You for what we lack. Through the example of Jesus Christ, You have shown us how to live so that we can discover the meaning of our existence. What to do to prevent death from holding sway over us. How to go from darkness into light.

And all that You have written in Your holy words, You have also engraved upon our hearts. In each of us You have imprinted the eternal seal of Your legacy. So that we are unable to forget our home. We cannot disavow the longing for a peace that transcends all understanding. We cannot extinguish the desire for joy that never ceases. And when we try to satisfy that hunger

without Your help by way of what the world has to offer, something in us knows it won't work. That in this world it is impossible to find something that is invariable, something that was, is and always will be the same. Forever perfect. Forever fulfilled. Forever true.

But sometimes in this earthly place, we believe that maybe there is "something wrong" with us since, having so much, we are still unsatisfied. That we are unable to accept that everything has an end. That we can't stop dreaming of a contentment that will end the feeling of inadequacy. Not just for a moment, but for all eternity. We can't believe that there is only so much life has to offer us.

Merciful Father, we will not find peace until we rediscover You. We will not find joy until, like little children, we give our whole world to You. We will not be free until we lay our free will at Your feet. And then we will rediscover the beauty of the world You have given us. The words of prayers so well known, yet heard as if for the first time, will form on our lips. And our every breath will be a hymn to Your glory!

Almighty Lord, may at his very moment our hearts open to the prayer with which You want to awaken us; the prayer which You want to give us courage to leave nothing for ourselves. But full of faith, as Your Beloved Son taught us, that we may entrust our spirit into Your hands. And live only for You. So that in us only You remain.

Amen.

Read: Matt 6:9-13

This prayer was written on November 15, 2016. The link to the multimedia version of this prayer is on the blog: "http://zielonyzeszyt1977.pl/modlitwy/milosierny-ojcze-otworz-nasze-serca-na-modlitwe-ktora-chcesz-nas-obudzic.

62

Act of Entrustment

Almighty Father, today into Your hands we commit our lives

Almighty Father, today into Your hands we entrust our lives. Today we choose only what You want for us. In this sacred moment, filled with Your Spirit, we submit our wills to Your lordship. In this second, take away all of our beliefs, all of our knowledge, all that we ourselves have acquired here on earth. We surrender to You all of our rights and privileges. We surrender back all that we feel entitled to. All that we think we deserve.

Because we only want You. We want what You have prepared for us. We submit to Your will completely. We leave nothing for ourselves. We don't want ourselves anymore. We only want You.

Amen.

Read: Luke 9:23

This prayer was written on November 15, 2016. The link to the multimedia version of this prayer is on the blog: "http://zielonyzeszyt1977.pl/modlitwy/akt-zawierzenia-wszechmogacy-ojcze-dzisiaj-w-twoje-rece-powierzamy-nasze-zycie.

63

Prayer for the courage to respond to our Father's invitation

Blessed Father, You have poured Your love into our hearts. In Your mercy You have created each of us in Your image. You have instilled Your perfect reflection in each of us. And You have given us free will to decide whether we want to see ourselves in that reflection or if we want to see You. Do we want to enjoy our successes and accomplishments or do we want to put it all in Your hands so that we can forget about ourselves? And in Your indescribable goodness You patiently wait for us. Always ready to answer Your child's call. Ready to remedy all afflictions caused by what seemed to separate us from You. Ready to forgive all sin. Ready to pour the fullness of grace into the hearts of Your servants. And ready to receive us into Your kingdom according to the promise of Your Beloved Son, Jesus Christ.

What You want from us in return is our love. Our devotion. You want us to abandon ourselves along with everything that made us "special", that made us "exceptional", that made us "better" than the rest. You want us to see Your image in all creation so we will recognize that in Your eyes there is no difference between us. So that we trust in Your mercy completely. So that we give our lives to You; surrender to Your will; confidently accept what You have prepared for us.

And in this very moment, almighty Father, we ask that You pour into us the courage to respond to this invitation. That full of faith we may place our lives into Your hands. That we may joyfully exclaim: Abba! Father! We just want You to be with us! Forever and ever.

Amen.

Read: Romans 8:15-16.38-39

This prayer was written on November 17, 2016. The link to the multimedia version of this prayer is on the blog: "http://zielonyzeszyt1977.pl/modlitwy/modlitwa-o-odwage-by-odpowiedziec-na-zaproszenie-naszego-ojca.

64

Prayer of Dedication

Merciful Father, humble us so that right now we will be ready to truly entrust our lives to You

How immeasurable is Your goodness, Father! How great is Your righteousness! How infinite is Your love! You lead each of us to Yourself by a straight path. Every new experience brings us closer to the moment until there will be only You in us. Every second that we are immersed in suffering, loneliness, pain, or bitterness leads us to discover that in You we have everything. That we can never find peace on our own. That it's impossible for a human being to do. But not for You. For You, anything is possible. You can change our lives in a split second. You can heal us from death in an instant. You can pour Your peace into us. You can bring eternal comfort.

But You never come uninvited. You wait patiently until what we experience in the world opens us up to Your gifts. Until the painful experiences which in Your goodness You set before us teach us humility. Until they crush our pride. Until they bring the realization that the more we try, the further we are from being satisfied. That the more we achieve and possess, all the more we long for what we still cannot get by ourselves. And when the suffering destined for us has been experienced, we are ready. We recognize that everything has led us to You. That every second of our lives up until then has prepared us for the sacred moment in which we give everything to You. In which we want to belong to You. In which we joyfully exclaim that we are nothing without You. That You are Life. We are born again. Just as was foretold by Your Son, Jesus Christ. Forever united with You. Forever for You.

Merciful Father, may we crumble this very moment in such a way that we will be ready to truly entrust our lives to You with joy. That we will trust You one hundred percent. That we might die to the world. And in You be born again. So that there would be no longer two, but forever One: The One Who Is.

Amen.

Read: John 3:3-8

This prayer was written on November 18, 2016. The link to the multimedia version of this prayer is on the blog: "http://zielonyzeszyt1977.pl/modlitwy/modlitwa-oddania-milosierny-ojcze-tak-nas-skrusz-abysmy-juz-w-tej-chwili-byli-gotowi-prawdziwie-powierzyc-ci-swoje-zycie.

65

Prayer of Entrustment

Christ Jesus, reign over us!

Beloved Father! Today we give our lives to You. Today we want to acknowledge You as our King.

We want You to become our Ruler. From now on we want You to decide our every gesture. Our every thought. We want all that was "ours" to be laid at Your holy feet to do with as You please. May Your will be done, not ours. Today we are ready to surrender to You completely. We are ready to recognize that only in You will we find peace. That only in You will we find life.

Christ Jesus, reign over us! Lead us to the Father's garden! You have opened the gates of paradise so wide for us! Don't let us hesitate for even one more second. Give us the courage to reach for Your gifts right now. Give us the strength to answer Your call and from now on do only the will of the Father. You are our Way, Truth and Life and from this day forward we will truly be Your disciples and do the Father's will in all things. And so we forget everything that we ourselves know, understand, or believe. We surrender all our rights and responsibilities. Because we want to follow Your example, to become an instrument in the hands of our Creator.

Blessed Father, we lay our free will at Your feet. So that now there is only You in us.

Amen.

Read John 12:23-26

This prayer was written on November 19, 2016. The link to the multimedia version of this prayer is on the blog: "http://zielonyzeszyt1977.pl/modlitwy/modlitwa-zawierzenia-jezu-chryste-panuj-nad-nami.

66

Testimony #12

I am here only to do Your will

Merciful Father, every day You teach me humility. With every breath You remind me to whom I belong. Every second in Your silent Presence You renew my knowledge of You. And though my weakness allows itself to be captured every now and then by momentary doubts, by Your grace I do not entirely believe them. Because I died to all that is not a gift from You. To all that draws me into the darkness of sin. To all that distances me from You. And I was born again in Your Light. I live because You have conquered death. Because You have given me life through Your Beloved Son. And so I am here only to do Your will. I'm here as long as You want me here. And when my time is fulfilled, in Your grace take me where joy will be unblemished.

Merciful Father, grant that all who seek solace in You may become like infants cuddled up with their beloved mother. May they be filled with devotion and forget themselves. May they give up what they thought was theirs to the One who brings them peace and renews their discovery of Life. Love. Joy. Freedom. And reminds them of their own heritage. So that, united with the choirs of heaven, we may all praise Your mercy in an eternal hymn. Forever and ever.

Amen.

Read John 6:35

This testimony was written on November 20, 2016. The link to the multimedia version of this testimony is on the blog: "http://zielonyzeszyt1977.pl/moje-nawrocenie-swiadectwa/swiadectwo-12-jestem-tu-tylko-po-to-by-pelnic-twoja-wole-moje-nawrocenie.

67

Prayer

Almighty Father, give us the courage to entrust everything to You

Righteous Father, You bring everything into being in everyone. You abundantly lavish Your mercy upon everyone. You want to give each one of us everything. You want to give Yourself. It's only that we sometimes don't value the real treasures You have prepared for us. We prefer the shiny trinkets of this world that are only cheap imitations of what You want to offer us.

But this only lasts a moment because in Your boundless mercy You have poured a longing for Yourself into us. Nothing and no one can uproot it from our hearts. And so soon we learn that we cannot provide peace of mind for ourselves. That without Your help, everything we accomplish brings only temporary joy. Only temporary peace. And we want something more. We want eternity. We want immortality. We want to know the Truth. We want to know the origin of everything. We want to understand why things happen the way they do. Although we use different terms to describe the object of our longing, we are really searching for You. Because we can't forget You. We can't forget our heritage: it has been ours since the beginning of time.

And You, beloved Father, are waiting until we are ready to hear Your invitation. Until filled with humility we respond to the call of the One who created us. Until we discover that what we had been looking for in so many places was always hidden inside our hearts. And it is so close. Distant only by the distance of ourselves. Our pride. Our beliefs. Principles. Knowledge. Experience. Achievements. Assets. Uniqueness. Rights. Responsibilities. Choices. Decisions. And when we lay it all down at Your feet, when we become like little children, when we forget ourselves, we will discover the Good News. Having nothing, we will lack for nothing. Because You will be with us. And there will no longer be two. But forever One. The One Who Is.

Almighty Father, give us the courage to hear and respond to Your call this very moment. To trust in Your mercy. To entrust everything to You, despite our fear of giving up what we value so much.

Totally everything. One hundred percent. Blessed Father, deliver us from ourselves. So that there is nothing but You. So that from now on You are The Only One for us.

Amen.

Read: Matt 11:28-30

This prayer was written on November 21, 2016. A link to a multimedia version of this prayer is on the blog: "http://zielonyzeszyt1977.pl/modlitwy/modlitwa-wszechmogacy-ojcze-daj-nam-odwage-by-tobie-powierzyc-wszystko.

68

Prayer of Worship

Blessed Father, You are the love that we so earnestly seek

Blessed Father, You are the love we so earnestly seek. You are the beginning and the end. Having created us in Your image, You are the destination of our earthly journey. And we will search for You until, tired out by our efforts, we realize that we cannot find You by ourselves. Until we discover that we didn't have to search for You at all, because You had never been hiding from us. You were so close all along. You were closer than all those distractions that we valued, wanted, and dreamed of so much.

And then, tired out after the chase, after this search for happiness and solace, we finally sit in silence. Then we discover that what we have been looking for in distant places is right next to us. Merciful Father, You fill our hearts with Your love. And as soon as we stop obscuring it with ourselves, with our ambitions, expectations, judgments and pride, Your love blooms in us like a beautiful flower. As we surrender our lives to Your will, the Spirit You send us fills out our hearts. It brings forth the words to be spoken. It sends us where You want us to be. It gives us the strength and courage needed to accomplish the work that You would like to see come into fruition. Perhaps You have us wait in silent vigil, if that is Your will. And You fill us with Your love. You fill us with Yourself. And in Your grace, with amazement we discover that what once seemed so important, so intense, so fantastic, turns out to be nothing. And that which is small, humble, patient and trusting, has great power. It can change the whole world. And it is indeed changing our world. Because it's from You. Because it comes from Your love. Because we are born from it. And only in this love will we find comfort.

Righteous Father, awaken us this instant from the dream about ourselves. Allow us to complete our search right now. Give us courage in this sacred moment to place our lives in Your hands. So that there will be no more of those who know, who understand, desire, seek, find and lose. So that there is only You.

Amen.

Read: John 17:20-23

This prayer was written on November 22, 2016. The link to a multimedia version of this prayer is on the blog: "http://zielonyzeszyt1977.pl/modlitwy/modlitwa-uwielbienia-blogoslawiony-ojcze-ty-jestes-miloscia-ktora-tak-usilnie-szukamy.

69

Prayer

Almighty Lord give us the wisdom right now to forget ourselves

Blessed Father, You want us to be born again of the Spirit. Through Christ Jesus You have opened wide the gates of salvation for us. Through the death and resurrection of Your Beloved Son, death no longer has power over us. We belong to You - the Lord of life, the source of everlasting joy, the Creator of all things. And the only thing that separates us from Your immeasurable graces and gifts is our lack of faith that this has already been accomplished. The only obstacle is our belief that it's too good to be true. Or that it's just a fantasy made up to manipulate people. Or that our destiny is suffering and death, and we deserve nothing better. Or anything else that takes away our courage to reach for real treasures, and instead directs our attention to cheap trinkets that only bring momentary satisfaction.

Albeit, there is nevertheless a place in Your perfect plan of salvation for this temporary blindness. For this fleeting delight in the transient gifts of this world; the search for short-term pleasures; for our own quest for happiness. There is a time for seeking peace of mind by pursuing our dreams; for seeking freedom by gaining our rights; for finding security by the accumulation of material possessions. Yet all this lasts but a moment; the brief moment it takes for us to see for ourselves that this road leads to nowhere. That the fruit of this tree brings the taste of pain, disappointment, frustration, suffering, loneliness, or depression. This is how You break our pride. You remind us that we cannot save ourselves on our own.

Beloved Father, in Your infinite goodness You wait in everyone's heart. And when one is ready, in the silence of Your Presence You remind us where home is. Where we will find true contentment. Where we can find answers to all our questions. And where our quests will find their conclusion. So we joyfully respond to Your call. Filled with Your Spirit, we immediately recognize our Creator. And even if we use various names to describe You, even if we lack the courage to talk about it publicly, in our heart of hearts we have no doubt. It is our ego, which we trusted for so long, that harbors the doubts. So for a while longer we drift between heaven and hell, between light and darkness, salvation and sin, life and death. But we can't back out now. Because we want to know You more. We want You more urgently. Until the moment comes when we're ready to give You everything. One hundred percent. Totally everything. And You, blessed

Abba, come to turn us into You. And it's not just us two anymore. But forever One. The One Who Is.

Almighty Lord, give us the wisdom to forget ourselves, our lives, right now, this very second. To entrust ourselves to You completely, like little children. So that You are the only one who remains. Amen.

Read: John 6: 43-48

This prayer was written on November 23, 2016. A link to a multimedia version of this prayer is on the blog: http://zielonyzeszyt1977.pl/modlitwy/modlitwa-wszechmogacy-ojcze-daj-nam-odwage-by-tobie-powierzyc-wszystko

70

Prayer

Merciful Father grant that we may place all of our inner turmoil into Your hands

Merciful Father, You know all our thoughts and desires. We have no secrets from You. You know all our dilemmas. You know the battles we fight in our heads every day. You know how often we are lost in this world of expectations, desires, doubts and fears, and how we cry out for help. And so we ask You to support us; to respond; to advise. But we want it all on our own terms. We want You to help us live "better" in this world. We want Your help to achieve what we want. We want answers to our prayers. We want to be better versions of ourselves. And You are ready to give us answers at any moment, answers that will silence all questions: the ones asked and the ones yet to be asked. You are ready to heal us of all fear, of all doubt. You are willing to give us a life that does not end in death. As soon as we are willing to hear Your call. As soon as we are able to leave all that we have learned so far. As soon as we put ourselves and our lives in Your hands.

Merciful Father, allow us to put all our turmoil, dilemmas and doubts into Your hands right now. So that trusting in Your infinite power we may cry out: "Jesus, You take care of it!" So that we may entrust to Your Beloved Son all our earthly cares and so become free, joyful, peaceful, and able to sing a hymn to Your glory. And if we are unable to make this commitment forever, through Your grace let us do it now for the next 5 minutes. Let us devote these minutes to delighting in Your glory, entrusting our lives to Your mercy. Allow this brief moment to change our lives; to show us Your great power; may it give us the strength to gladly give You everything soon, without any doubt.

Amen.

Read: Colossians 1:15-20

This prayer was written on November 24, 2016. The link to a multimedia version of this prayer is on the blog: "http://zielonyzeszyt1977.pl/modlitwy/modlitwa-milosierny-ojcze-spraw-bysmy-w-twoje-rece-zlozyli-wszystkie-nasze-rozterki.

71

Prayer

Christ Jesus, be our strength, be our wisdom!

Merciful Father, You have given us all free will. You have given us the opportunity to choose what we want to put our faith and hope into. You have allowed us to choose how we want to explore the world You have created for us. So we discover its beauty and forget about You for a while. Enchanted by the experiences that life brings, we enjoy our independence. We enjoy our power. We think nothing is impossible for us. We build great structures, tame nature, delay death, and explore the cosmos. We make our dreams come true.

And yet there comes a point when it turns out that it's all too little if You are not with us. If we don't open our hearts to Your love, all these achievements plunge us further and further into darkness. Into pain, suffering, wars, depression. Into loneliness. Because we can't live without You. We cannot live without Your light. We cannot live without the Presence of the One who created us.

And then we are ready to return our free will to You. We are willing to place our hope only in You. And while old habits and whispers of evil will continue to sow doubt in us for some time to come, nothing can stop us from returning home. Because that is Your will. Because we belong to You.

Righteous Father, give us the wisdom to place our hope in You during these times of temptation. To ask Your Son for help every time we are overwhelmed by fear, doubt, or confusion. With confident joy may our hearts place themselves in the hands of Him who conquered death for us. Who brings us to You. Christ Jesus, be for us the way and the light and the life. Help in times of trial, when we feel that we are too weak, too flawed. Be our strength. Be our wisdom. So that right now, in this very moment, we can joyfully entrust our lives to our Father. To put our spirit in His hands right now. And die to the world to be born again in You. That You would be in us as the Father is in You. Forever One. The One Who Is.

Amen.

Read: John 8:31-32

This prayer was written on November 26, 2016. The link to a multimedia version of this prayer is on the blog: "http://zielonyzeszyt1977.pl/modlitwy/modlitwa-jezu-chryste-badz-nasza-sila-badz-nasza-madroscia

72

Prayer

Almighty Father, give us the courage to give everything over to You

Almighty Father, fill us with Your silence. Pour Your love into our hearts. Cleanse our thoughts of all that makes us doubt Your mercy. Give us the courage to give everything to You. Right now. In this second, may we commit our lives to Your care. In the face of fear or temptation by evil, fill us with the humility to turn to You for help. Because we cannot save ourselves. But for You, everything is possible. So in times of trial may our hearts rise to You so that You may pour Your power into them. That You may fill them with Your wisdom. And so filled with Your glory, may we see that through the death of Your Beloved Son on the cross, everything has already been accomplished. And as we surrender our lives to You, we will come to know the freedom You have intended for us since the beginning of time. And we will be transformed. There will no longer be two. But forever One. The One Who Is.

Amen.

Read: John 14:27

This prayer was written on November 27, 2016. The link to a multimedia version of this prayer is on the blog: "http://zielonyzeszyt1977.pl/modlitwy/modlitwa-wszechmocny-ojcze-daj-nam-odwage-by-wszystko-oddac-tobie.

73

Act of surrender

Merciful Father, into Your hands I commit my life today

Merciful Father, into Your hands I entrust my life today. I want to immerse myself today in Your mercy. In Your Presence I want to abide from today until the end of time. For You I want to live. To live by way of what You have prepared for me. To receive with humility and joy all that I encounter through Your grace. Regardless of whether I judge it right or wrong in the moment, just or unjust, filled with love or hate, with joy or sorrow. Because I know that no matter how I

judge what I am experiencing, You are leading me on a straight path to Yourself. And in Your holy hands, even the most painful and unwanted experience is transformed into a blessing leading to joy without end. To a peace that transcends all understanding. To the freedom from what I had ever considered mine and that filled me with the fear of losing it.

And so all that I have learned about the world, I lay at Your feet. To You I offer all my knowledge and experience, all my opinions and views. To You I surrender all the judgments and valuations I held for so long. Because I want to be like a little child who knows nothing and no one but You. Who knows only as much as You are willing to reveal. Who knows no future and no past. Who resides in the eternal "now" with his Dad. And in his Presence treats every moment as the most sacred gift. Like a beautiful blessing that glorifies all creation.

Merciful Father, I want the rest of the time You have set for me here on earth to be spent in Your embrace. Don't let me wander in thoughts, fears, and doubts for too long. But every time that happens, make me remember what I truly want. Remind me where my home is. Where I will find true contentment. And when You think that I am ready, for the sake of the sacrifice of Your Son, make me like him to die to the world and be born again to You. So that there be no more of me, but only You. Forever One. The One Who Is.

Amen.

Read: Jer 29:12-13

This prayer was written on November 28, 2016. The link to a multimedia version of this prayer is on the blog: "http://zielonyzeszyt1977.pl/modlitwy/akt-oddania-milosierny-ojcze-w-twe-rece-powierzam-dzisiaj-swoje-zycie.

74

Prayer

Righteous Father, nothing can tear us away from Your embrace!

Righteous Father, before each of us You have opened wide the gates of Your kingdom. You created each of us in Your image and likeness. You want to be a beloved Father to everyone and You will fill us with Your peace if we will only allow it. It will bring relief. It will heal from all disease. It will free us from death. And the only thing to do on our part is to believe that this has already been accomplished. That through the death and resurrection of Jesus Christ nothing can separate us from the love of the Father. Nothing can tear us from Your embrace. It's so simple! Just believe! And yet sometimes it seems so difficult....

Therefore, at this moment we ask You Father, give us the courage to give ourselves to You

completely. Impart the wisdom to let go of all that we treat as "ours", as "mine". All that is the result of our disbelief that You care for us. All that we value more than we value You. Because we want to be like little children who in Your arms have everything they need. And they trust You implicitly. For You are their Father. You are their Life. Because only You exist for them.

Amen.

Read: Rom 8:38-39

This prayer was written on November 29, 2016. The link to a multimedia version of this prayer is on the blog "http://zielonyzeszyt1977.pl/modlitwy/modlitwa-sprawiedliwy-ojcze-nic-nie-moze-nas-wyrwac-z-twoich-objec.

75

Act of giving my life to God

Merciful Father, into Your hands I commit my life

Merciful Father, into Your hands I commit my life. To Your mercy I entrust my fate. I no longer want to decide what is best for me. I don't want to be the one who knows, understands, judges, and decides. From now on, I want to be like a little child who only knows his Father. Who knows he is safe in His arms. A child who doesn't need to understand what's going on around him because he knows he is in good hands. And who feels it with every breath he takes. This is the way You fill me with Your peace. Because You heal me with Your silence. You transform me with Your Presence.

Now I don't have to wait for the fruits of my choice to ripen because they are with me here and now. Because here and now You are with me. And though I might walk through the dark valley of death, I will have no fear, for You go with me. And so I am no more, and You live in me. No longer two, but forever One. The One Who Is.

Amen.

Read: Matt 11:28-30

This prayer was written on November 29, 2016. The link to a multimedia version of this prayer is on the blog: "http://zielonyzeszyt1977.pl/modlitwy/akt-oddania-milosierny-ojcze-w-twe-rece-powierzam-dzisiaj-swoje-zycie.

Prayer of Worship

Merciful Father, though we often turn away from You, You faithfully abide with us

Merciful Father, You have prepared for each of us a straight path to You. You lead each of us to Yourself in ways known only to You. And although we often turn away from You because we judge what happens to us or others and we see injustice, suffering, death, or fear, You nevertheless stand faithfully by us. Because You have given us free will to choose for ourselves what is better for us. What will bring us comfort. What will bring us peace. But often, seeing so much suffering, pain and injustice, we decide You can't possibly exist. Because after all, You are love and goodness. You are a just Lord who rewards good and punishes evil. And because we see so much evil in the world, we begin to doubt You.

Because for a time it seems to us that we know what a perfect world should look like. We think we can infallibly separate good from evil. We think we know what justice is all about. And ultimately, we think we know how to ensure happiness, peace, fulfillment and security.

Convinced of our own infallibility, we put our concepts into practice. We pursue our own goals. We achieve success. But if we forget about You, everything we acquire brings only temporary joy. If we forget Your love, our hearts cannot find lasting peace. If we do not look at our neighbor the way Your Son, Jesus Christ, taught us, we do not feel safe. And after a time, tired of struggling with the "life" we believed we were destined to live, we become ready to open ourselves to Your gifts. We are ready to dismiss whatever notions we had about You. We are able to admit that we were wrong. Now filled with humility, we want Your gifts, which You so generously bestow on those who put their trust in You. Because we want to be as joyful as they are. We want to be as peaceful as they are. We want to be as free as they are free in You. And we are ready to return to You like prodigal sons, knowing that on our own we cannot truly fulfill our dreams.

And You, merciful Father, receive us with joy and love. Because for each of us You desire salvation. Because You want to offer to each of us everything we've ever dreamed of. You want to make everyone free. But first we must become free of ourselves.

So in this very moment, almighty Father, to You we give ourselves. To You we commit our lives. To You we surrender our free will. From now on we faithfully repeat after Your Son: Merciful Father, let Thy will be done, not mine! From this moment on, may my every breath be a hymn to Your glory! May my every word be a prayer of thanksgiving for Your infinite goodness! Then my every gesture will testify that You are alive here among us. Because I want You to be the only One in me. Forever One, the One Who Is.

Amen.

Read: Luke 15:11-24

This prayer was written on December 1, 2016. The link to a multimedia version of this prayer is on the blog: "http://zielonyzeszyt1977.pl/modlitwy/modlitwa-uwielbienia-milosierny-ojcze-choc-my-czesto-odwracamy-sie-od-ciebie-ty-wiernie-trwasz-przy-nas.

77

Prayer of Worship

Righteous Father, for You nothing is impossible!

Righteous Father, nothing is impossible for You. You are able to change our hearts in a second. And when it seems that we are far from You, far from Your gifts, You can reveal Yourself to us in ways we can't understand. For it is only in our heads that we are far from You. We can feel separate from You in our beliefs, convictions and judgments because what we have focused on over the course of our lives can distance us from the One who gave us life. However, our hearts harbor no doubts because Your love is hidden there. In our hearts is hidden the key to Your Kingdom. In our hearts we know to whom we belong. We know where we can find comfort. We know what will give us eternal freedom. For a time, however, we are not ready to believe in the invitation You have prepared for us. We are not ready to believe because we want to know, to understand, to control.

Blessed Father, give us the wisdom to surrender our lives to You at this time. Give us the humility to put into Your hands that which we have valued so much up to now. Grant us the strength to seek help in You when we are mired in doubt. Because without You we live in darkness, fear, loneliness, and suffering. And with You darkness becomes light, fear becomes love, loneliness becomes communion with You, and suffering becomes relief. Because there is no more of me. There is only You. Forever One. The One Who Is.

Amen.

Read: Phil 4:4-7

This prayer was written on December 2, 2016. The link to a multimedia version of this prayer is on the blog: "http://zielonyzeszyt1977.pl/modlitwy/modlitwa-uwielbienia-sprawiedliwy-ojcze-dla-ciebie-nie-ma-rzeczy-niemozliwych.

Prayer of Entrusting Life to God

Blessed Father, at this moment I want to place everything I value so much under Your care!

Blessed Father, You do not want to impose Your will on us. You wait until we are ready to lay our own free will at Your feet. You don't want to impose Your love on us. You wait until we are ready to open our hearts to Your infinite mercy. You don't want to impose on us the freedom that comes when we surrender everything to You. You wait until we are tired of our own reign and are ready to entrust our lives to You.

So right now, in this moment, I want to put everything I value so much into Your care. Now I want to put into Your hands all that I know about You, what I think about You, and what I expect of You. Now I give to You all my views, all my judgments, all my knowledge. All of my rights. All expectations. All that I believe to be "mine". My thoughts. My health. My life. So that You are the only one left in me. Forever One. The One Who Is.

Amen.

Read: Matt 16:24-25

This prayer was written on December 4, 2016. The link to a multimedia version of this prayer is on the blog: "http://zielonyzeszyt1977.pl/modlitwy/modlitwa-zawierzenia-zycia-bogu-blogoslawiony-ojcze-w-tej-chwili-chce-oddac-wszystko-co-tak-cenie-pod-twoja-opieke

79

Prayer of Entrustment

Blessed Father, at this moment I give my life to You

Almighty Father, You pour Your courage into hearts open to Your grace. Those who are ready to respond to Your call You fill with a peace that surpasses all knowledge. To those who submit their free will to Your lordship, You reveal a freedom that knows no bounds. For they no longer live in this world, but You live in them. And so their strength is Your strength. They are rich with Your wealth. They are at peace with You. They are joyful with Your joy. They love with Your love. They look at the world through Your eyes. They see their neighbors as You see us.

Blessed Father, following their example, I give my life to You now. In this very moment, I place all that was "mine" into Your hands. Right now, I only want You to be in me. May that which I have carried on my shoulders for so long dissolve in Your Presence. So that from now until the end of time I may become an instrument in Your hands and proof that You are alive among us.

Amen.

Read: Eph 3:14-21

This prayer was written on December 5, 2016. The link to a multimedia version of this prayer is on the blog: "http://zielonyzeszyt1977.pl/modlitwy/modlitwa-zawierzenia-blogoslawiony-ojcze-w-tej-chwili-oddaje-ci-swoje-zycie.

80

Prayer

Merciful Father, in this moment I want to be like a child who trusts You implicitly

Righteous Lord, You want to heal us of all our diseases. You want to free us from death. Through the holy sacrifice of Your Son, Jesus Christ, the gates to the treasury of Your gifts are wide open. And therein awaits us a peace that surpasses all understanding. A joy that never ends. A love that embraces all, like life-giving rain. A life that lasts forever. And all these wonderful gifts are available to us here and now. Right now You are ready to pour Your Spirit into us to help us believe. The Spirit that will fill our hearts with the humility to choose You in this very moment. To humbly lay all our fears and anxieties at Your feet. All beliefs and opinions. All our knowledge. Anything that tries to convince us that we can't fully trust You. Anything that tries to convince us that we're not ready. All that tries to convince us that we don't know how to give ourselves to You completely.

We humbly lay it all down at Your feet so we can rest in Your arms like a child who finds comfort with a beloved Father. A child who doesn't have to do anything. One who knows that all that he will need will be provided for. He doesn't know how and he doesn't know where, but there's not a shadow of a doubt in him because he trusts his Dad implicitly. Because the child chooses his Father's care over a life in which the child would make the decisions. And that's why in this moment, here and now, he is resting peacefully. The here and now is filled with the love of His Father. Here and now he feels a joy that no words can express.

Merciful Father, in this moment I want to be like that child. From now until the end of time I choose what You have planned for me. Into Your hands I entrust my life. In Your will is where I want to live from now on. So that each of my days may be filled with prayer praising Your infinite goodness. That my every gesture be a testament to Your being alive among us. So that there is no longer me, but only You in me. So that there are no longer two, but forever One. The One Who Is.

Amen.

Read: Mark 10:13-16

This prayer was written on December 6, 2016. The link to a multimedia version of this prayer is on the blog: "http://zielonyzeszyt1977.pl/modlitwy/modlitwa-milosierny-ojcze-w-tej-chwili-chce-byc-jak-dziecko-ktore-ufa-tobie-bezgranicznie.

81

Prayer

Blessed Father, how wonderful it is to see the holy fruits of Your Presence!

Merciful Father, how wonderful it is to live in Your light! How wonderful it is to be in Your Presence! How wonderful every moment is when I know You are with me! This doesn't mean that there won't be times of discomfort, sadness, pain or tears. In Your Presence there is a time and place for all of these human emotions and experiences. For instead of bringing darkness, they are a tool in Your hands. They are wonderful gifts that teach me each day how to trust You even more. To commit myself to You even more fully. To dissolve even more into You. Thus they bring even more light. Even more devotion. Even more love. Even more of You. In Your light, Most Holy Father, there is room for everything. There is room for every expression of life. For You have the power to transform everything with Your love. You can dispel any darkness.

Righteous Lord, You have miraculously transformed my life. You showed me that what I once learned about the world was not true. That the saying about everything being fleeting and impermanent was not true. That the belief that we are alone here in the world, that having come from a cold nothingness and into the same nothingness are to return, was erroneous. That the conviction about being able to single-handedly achieve what we really dream of was an illusion. For You are forever and ever, without beginning or end. For we were created by You in Your image and likeness. And only in You can we find the peace that surpasses all we have ever known. You are the cause and source of a joy that does not fade away. And Your Presence brings the contentment that we spend our lives seeking.

So, merciful Father, thank You for every breath I take, in which I can praise Your mercy. Thank You for every moment I get to spend here on earth worshiping my Creator. Thank You for all that You have had me experience, that I am experiencing now, and will experience in the future, and for all that makes me grow in humility and devotion to the One to whom I belong. And when my time here on earth is fulfilled, I will joyfully depart in Your grace to a place where I will know You as You have known me since the beginning of time.

Amen.

Read: Rom 10:9-10

This prayer was written on December 7, 2016. A link to a multimedia version of this prayer can be found on the blog: http://zielonyzeszyt1977.pl/modlitwy/modlitwa-blogoslawiony-ojcze-jak-wspaniale-jest-widziec-swiete-owoce-twojej-obecnosci.

82

Prayer

Merciful Father, for You nothing is impossible

Merciful Father, for You nothing is impossible. For You it is never too late. You don't care how we look at ourselves, for You see in us Your image and likeness. And You want us to see ourselves that way too. So whether we look at ourselves as unworthy of You, or lacking the grace of faith, or unbelieving, abandoned by You and thinking You are not there, or in any other way, You still want to offer us Your sacred gifts. You want to offer us the peace that surpasses all understanding. A joy that lasts forever. A consolation in which we can be who You made us to be. There is no effort necessary, no striving, no constant pursuit of what seems just out of reach. Merciful Father, You are able to speak to every heart in a wonderful way, known only to You. When each person's time comes, it becomes clear where to find the end of his journey. Where the fulfillment of all prayers awaits him. Where to find true contentment. Because You don't give up on anyone. You wait patiently for everyone. In a love that transforms the world.

So, beloved Father, I don't want You to wait for me even one second longer. Now, in this moment, I give my whole self to You. I entrust my life to You. Because You are all that matters to me. Fill me completely with Yourself. So that there are no longer two, but forever One. The One Who Is.

Amen.

Read: Prov 3:5-6

This prayer was written on December 8, 2016. The link to a multimedia version of this prayer is on the blog: "http://zielonyzeszyt1977.pl/modlitwy/modlitwa-milosierny-ojcze-dla-ciebie-nie-ma-rzeczy-niemozliwych.

83

Prayer

Righteous Lord, into Your hands I commit all my cares

Righteous Lord, into Your hands I place my cares. Into Your hands I entrust all that is now in my mind. Doubts. Certainty. Questions. Answers. Sadness and joy. Fulfillment and frustration. Expectations. pride and modesty. Arrogance and humility. Tears and laughter. Pursuits and peace. Knowledge and ignorance. Everything. One hundred percent. All of myself. I don't want to leave anything to myself. I want to immerse myself in You. To die in You and be born again. So that You would be the only One who remains. Forever the One Who Is.

Amen.

Read: 1 Pet 5:6-7

This prayer was written on December 9, 2016. The link to a multimedia version of this prayer is on the blog: "http://zielonyzeszyt1977.pl/modlitwy/modlitwa-sprawiedliwy-panie-w-twoje-rece-oddaje-wszystkie-moje-troski.

84

Prayer of Thanksgiving

Blessed Father, I give You thanks for all You do for me every day

Merciful Father, thank You for the moments in which I can worship You by singing and dancing with my sisters and brothers. Thank You for the wondrous times when Your Spirit fills out the space to such an extent that it's almost possible to touch You. For the wonderful prayers, testimonies and healings that in Your glory You bestow upon us. These moments are like the life-giving rain that gives us strength to endure a coming drought or a night when You seem to have left us. They are nourishment for our hearts. These moments give us strength and courage to entrust our whole lives to You. To give up our will to You. To repeat after Your Beloved Son: "Merciful Father, let Your will be done, not mine!"

Thank You for the priests who walk this path with us. Shepherds who, by their witness, words and actions, ignite in us the courage and determination to live for You. Who support us with words and gestures when the dark night of faith reaches us. Protect them, O Lord, and guard them from evil, for it is especially they who are exposed to the works of the one who wants to separate us from You.

Blessed Father, I give You thanks for everything You bring my way every day. For the gift of not knowing so that I don't understand the why, what, where and how of all that I am becoming. For the grace of faith through which I know I am in good hands. The hands of the One who created me. The One who loved me with an unimaginable love. And whose will for me is a peace that transcends all comprehension. Freedom in which I can be as I was created to be. A joy that does not pass. A life that lasts forever.

And so now, beloved Father, I want nothing other than what You have prepared for me. I don't want anything that was ever "mine". My knowledge. My will. My thoughts. My estate. My health. My faith. My hope. My love. My life. I give it all back to You so that You are the only One who remains. Forever One. The One Who Is.

Amen.

Read: 1 Thess 5:16-18

This prayer was written on December 10, 2016. A link to a multimedia version of this prayer is on the blog: http://zielonyzeszyt1977.pl/modlitwy/modlitwa-dziekczynna-blogoslawiony-ojcze-dzieki-ci-skladam-za-to-wszystko-czym-mnie-codziennie-doswiadczasz.

85

Prayer

Merciful Father, today I want to immerse myself in Your silence

Merciful Father, today I want to immerse myself in Your silence. Today I want to leave behind all the noise that constantly accompanies my thoughts. Today, I don't want to look at what is behind me. All I want to see today is You. My savior. My Father. The One who created me. The One in whom I find comfort. The One in whom I find joy. The One in whom I find freedom. And the One in whom I have life.

Amen.

Read: Mark 8:34

This prayer was written on December 11, 2016. The link to a multimedia version of this prayer is on the blog: "http://zielonyzeszyt1977.pl/modlitwy/modlitwa-milosierny-ojcze-dzis-pragne-zanurzyc-sie-w-twojej-ciszy.

86

Entrusting life to God

Let Thy will be done, Father, not mine!

Merciful Father, I adore Your holy Name! I praise Your immeasurable goodness! I thank You for Your mercy in which You desire salvation for each of us. You want us to rejoice with You in the gifts You have prepared for us. That we may see the world as You see it. That we may see Your

image and likeness in each of our neighbors. That we may love one another as Your Son, Jesus Christ, has loved us.

Most Holy Lord, You have left us clear instructions on how to accept what You have prepared for us: *"If anyone wishes to come after Me, let him renounce himself, take up his cross, and follow Me. For whosoever will save his life shall lose it; and whosoever shall lose his life for my sake shall find it."* So now I want to follow Your Son, Jesus Christ. I want to give back to You all that I was. All my thoughts. All my knowledge. All my accomplishments. All my plans and goals. My fears and joys. All of myself. Now I want to accept the cross that You have prepared for me. “Merciful Father, let Thy will be done, not mine!” And I choose the obedience that Your Beloved Son taught us. So that in everything I do, in my every gesture, in my every word, in my every breath, I obey the One who created me. And so that for Him I would give up my life to be born again of the Spirit. To live a life that lasts for all time. Outside of time. To be able to say: it is not I who live, but You live in me. No longer two, but forever One. The One Who Is.

Amen.

Read: Matt 16:24-25

This prayer was written on December 13, 2016. The link to a multimedia version of this prayer is on the blog: "http://zielonyzeszyt1977.pl/modlitwy/zawierzenie-zycia-bogu-niech-twoja-wola-sie-dzieje-ojcze-nie-moja.

87

Prayer

Righteous Lord, into Your hands I commit my fate today

Righteous Lord, into Your hands I entrust my fate today. To Your justice I entrust my life. To Your mercy I give myself. And I don't want to look at the world through my eyes anymore. I don't want to judge what I see with my limited point of view. I don't want to rely on my judgments and my knowledge. I don't want to believe what my thoughts tell me. Because, beloved Father, it is by Your wisdom alone that I want to be wise. Because I want to see my neighbors the way You see us. I want to love as Your Son, Jesus Christ, has loved us.

Most Holy Father, fill me with Yourself so that there is no space for me. So that what was me and what I believed in not so long ago will disappear like a dream at dawn. So that now You will be the only One for me. Forever One. The One Who Is.

Amen.

Read: John 13:34-35

This prayer was written on December 14, 2016. The link to a multimedia version of this prayer is on the blog: "http://zielonyzeszyt1977.pl/modlitwy/modlitwa-sprawiedliwy-panie-w-twe-rece-powierzam-dzisiaj-swoj-los.

88

Prayer

Blessed Father, never allow me to believe that anything can separate me from Your love

Blessed Father, never allow me to believe that anything can separate me from Your love. That it is my destiny to live without Your Presence. That mystical experiences, about which the saints write so beautifully, will not happen to me. May I never give any credence to the whispers of anyone who wants me to think that the redemption accomplished on the cross does not apply to me. Don't let me be convinced that the sin in me has not been defeated. That You don't want salvation for me. And that I must wander here on earth without You. Grant that I may never succumb to the false humility that would forbid me to desire You above all else. Which tries to tell me that we will never be One here on earth. That You will never be in me as You have been with those who have kept the teaching of Jesus Christ.

Merciful Father, You have taught me that I cannot save myself alone. That for man alone it is impossible to be born again in Your glory. So now I humbly give myself to You. I give away the previous man with all his accomplishments, desires, knowledge, experiences, thoughts, emotions, illnesses, and problems. To You I entrust my free will. Into Your hands I commit myself. Because I want You to be the only One in me. I want You would fill me so that there is no room for anything else. I would be born again for You. As a new man in whom I no longer live, but Christ lives in me. Forever and ever.

Amen.

Read: John 23:1-3

This prayer was written on December 15, 2016. The link to a multimedia version of this prayer is on the blog: "http://zielonyzeszyt1977.pl/modlitwy/modlitwa-blogoslawiony-ojcze-spraw-bym-nigdy-nie-uwierzyl-ze-cokolwiek-moze-oddzielic-mnie-od-twojej-milosci.

89

Prayer of Adoration

Blessed Father, today is the day to glorify Your Holy Name!

Blessed Father, today is the day to glorify Your Holy Name! Today is the day to lay all that fills me with fear, sadness, doubt and uncertainty at Your feet. To offer up to You with immense gratitude all that which brings joy, fulfillment, peace, and assurance. So that You would be the only One left. Only You. Forever and ever.

Amen.

Read: Ps 89:16

This prayer was written on December 16, 2016. The link to a multimedia version of this prayer is on the blog: "http://zielonyzeszyt1977.pl/modlitwy/modlitwa-uwielbienia-blogoslawiony-ojcze-dzisiaj-jest-dzien-by-uwielbiac-twoje-swiete-imie.

90

Prayer

Blessed Father, all things are subject to Your will

Blessed Father, all things are subject to Your will. Everything flows from Your infinite mercy. From Your unimaginable goodness. So how is it possible, reason asks, that there is so much evil in the world, that so many innocent people are suffering unimaginable torment? How can there be wars, violence and death when the Creator of it all is the One who is love and life?

Merciful Father, You want to provide answers to everyone who experiences such doubts. Answers that will bring serenity because they will satisfy that one question along with every other question ever posed. But in order to hear that answer, we have to set aside, at least for a moment, the answers we have created for ourselves. We need to put aside for the moment all that we already know. Our views and thoughts. Our opinions and beliefs. We have to allow ourselves the thought that perhaps we are wrong. And when we put ourselves aside for a moment, when we stop believing the thoughts that are in us, You, Father, will bring the answer. It will bring relief. You will bring peace. You will bring joy. You will bring freedom. You will bring life.

So now, Almighty Father, regardless of the doubts I have, of the questions that fill me, to You I surrender everything. To You I give my whole self. To You I give all that has ever been mine. All I have ever valued. Because I only want to know You. Because I want to live Your will. Because I want You to be the only One who remains. Only You.

Amen.

Read: Isa 55:8-9

This prayer was written on December 18, 2016. The link to a multimedia version of this prayer is on the blog: "http://zielonyzeszyt1977.pl/modlitwy/modlitwa-blogoslawiony-ojcze-wszystko-poddane-jest-twojej-woli.

91

Prayer

Merciful Father, how great is the power of Your love!

Merciful Father, how great is the power of Your love! How great is the power of love that does not seek its own, but spills over everyone and everything like life-giving rain! And no one who is within its reach can remain indifferent. No one who has immersed himself in Your silence, even for a moment, can forget what he has experienced. And perhaps the world's clamor and eye-catching images can momentarily obscure the unearthly peace You have intended for us. Perhaps for a while yet we will believe that this peace, joy and freedom are things we can provide for ourselves. Perhaps, for a moment longer we will trust our own knowledge and reason, that with hard work and our own efforts we will achieve a lasting fulfillment.

But, sooner or later, it will become clear to us that the more we try, the more we have to do. That the more we have accomplished, the more there is yet ahead of us to accomplish. The more we know, the more there is to know. We will never reach on our own a place where there is nothing left to do, to achieve, to know. Then we shall be ready to lay it all at Your feet. We will be ready to admit that although we ourselves are able to do unimaginable things: conquer the cosmos, cure diseases that were until recently incurable, or reconstruct events from thousands of years ago, we cannot find happiness without You. We do not know how to find contentment in what we have created. We are unable to find peace when we are focused on our needs. We cannot be free when our hearts are filled with the desire for further achievements and successes. And so, merciful Father, there comes a time in our lives when it becomes clear that we want only You. And although at this point in time we may call You by different names, in our hearts You are One. The One Who Is. The One Who brings freedom. The One Who brings solace. The One Who brings joy. The One Who brings life. And we humbly and joyfully give ourselves to You. We give You our cares and joys. Our problems and achievements. Our knowledge and experience. Our rights and responsibilities. Because we only want You. Because we only want what You want for us.

So now, almighty Father, at this time in my life, with this faith and trust that fills my heart, You are the One I want to worship. I want to thank You for all that You have brought into my life. Into Your hands I want to put that life. So that You are the Only One for me from now on. Only You.

Amen.

Read: Ps 16:11

This prayer was written on December 20, 2016. The link to a multimedia version of this prayer is on the blog: "http://zielonyzeszyt1977.pl/modlitwy/modlitwa-milosierny-ojcze-jak-wielka-jest-sila-twojej-milosci.

92

Prayer
Most Holy Father, fill me with Your silence

Most Holy Father, fill me with Your silence. Fill me with Your presence. Fill me with Yourself. So that there is no room for anything else. So that You are the only One remaining. Only You.

Amen.

Read: Acts 3:20

This prayer was written on December 21, 2016. The link to the multimedia version of this prayer is on the blog: "http://zielonyzeszyt1977.pl/modlitwy/modlitwa-przenajswietszy-ojcze-wypelnij-mnie-swoja-cisza.

93

Prayer of Worship
Blessed Father, all that I have is within You

Blessed Father, all that I have is within You. Peace. Joy. Freedom. Life. I want only You. I want to worship You. To You I offer my every gesture. Every word I say. My every breath. So that You're the only One who remains. Only You.

Amen.

Read: Ps 146:1-2

This prayer was written on December 22, 2016. The link to the multimedia version of this prayer is on the blog: zyt1977.pl/modlitwy/modlitwa-uwielwielwy-blogoslaviony-father-in-all-I-have-in-

them."http://zielonyzes

94

Prayer

Merciful Father, we want to live through the love revealed by Your Son

Merciful Father, right now we are celebrating the feast of the birth of Your Beloved Son. And our hearts rejoice when we remember what You have destined for us through His holy sacrifice. We rejoice, knowing that nothing can separate us from Your love that was revealed in Jesus Christ. And now, remembering the birth of the One who showed us Your infinite love, we want to live that love. We want to see all our neighbors as You see them. We want to bring comfort where there is anxiety. We want to bring Your freedom where there is bondage. We want to bring joy where there is no hope. We want to bring Your light where there is darkness.

Merciful Father, make me an instrument in Your hands. Do what You want with me. For from this day forward, following the example of Your Beloved Son, I want to live Your will. I want only You to remain inside of me. So that there wouldn't be two anymore. But forever One. The One Who Is.

Amen.

Read: Luke 1:30-33

This prayer was written on December 24, 2016. The link to the multimedia version of this prayer is on the blog: "http://zielonyzeszyt1977.pl/modlitwy/modlitwa-milosierny-ojcze-chcemy-zyc-miloscia-objawiona-przez-twojego-syna.

95

Prayer

Merciful Father, humble me, break me, hollow me out in such a way so that only You remain.

Merciful Father, humble me, break me, hollow me out in such a way that You alone remain. Only You. So that there is no place for my knowledge. My opinions. My rights and responsibilities. For my achievements and successes. For my failures. For my arrogance, pride and humility. For my ignorance and submission. For my desires and expectations. For my euphoria and resignation from taking action. So that there's no more room left for me. So that there would be no more sin and death for me. And only You. Forever the One Who Is.

Amen.

Read: Gal 2:19-20

This prayer was written on December 25, 2016. The link to the multimedia version of this prayer is on the blog: "http://zielonyzeszyt1977.pl/modlitwy/modlitwa-milosierny-ojcze-tak-mnie-skrusz-tak-mnie-zlam-tak-mnie-wypal-bys-zostal-tylko-ty.

96

Prayer

Most Holy Father, defend me from the delusion that I am able to understand Your ways

Righteous Father, how unfathomable are Your judgments! How illusory are our own assessments of what You have prepared for us! How often what seemed like a curse turned out to be a beautiful invitation to give our lives to You. How often has sorrow and grief proven to be a wonderful tool in Your hands to show us a joy that does not fade. How often have lies and hypocrisy proven to be the way that led to the knowledge of the truth in which we became free. How often evil in Your hands has been transformed into a beautiful gift of mercy bringing peace beyond all understanding. How often death has been the road leading to life in You and for You. Therefore, most holy Father, defend me from the delusion that I can understand Your ways. That I know what is right or wrong for me or my neighbor. Defend me from the arrogance of believing that I know where You are and where You are not. Defend me from believing thoughts that in one moment joyfully say You are near me, only to announce in the next that You have forgotten me.

Because I don't want to know anything but You, my Father. Into Your hands I place my will. Into Your hands I commit my life. Do with me what is pleasing to You. Because it is in Your light that I want to live. In Your love. In Your presence. In Your peace. Now and forever and ever.

Amen.

Read: 1 Cor 8:1-3

This prayer was written on December 26, 2016. The link to the multimedia version of this prayer is on the blog: "http://zielonyzeszyt1977.pl/modlitwy/modlitwa-przenajswietszy-ojcze-bron-mnie-przed-zludzeniem-iz-moge-zrozumiec-twoje-sciezki.

97

Prayer of Worship

Beloved Father, my heart is filled with joy!

Beloved Father, my heart is filled with joy! My heart is filled with peace! My heart is filled with love! You fill my heart! You fill all of me! You fill me with Your light that dispels all darkness. Which heals all wounds. Which restores sight. Which restores hearing. Which gives life. In which there is neither sin nor death. In which I don't exist. There is only You. The answer to any and all questions. The cure for all ills. Freedom. Joy. Peace. Love.

Righteous Father, all these words are so flawed! So incongruous with how You have revealed Yourself in my life! And yet they don't stop flowing. I will worship You in this imperfect way until my last breath. Until the last second that in Your unimaginable grace You grant to me, I will sing songs of praise to Your name. Proclaiming Your greatness. For You are worthy of all glory. And although no adoration, not even the greatest worship, can add anything to Your complete perfection, my heart cannot do otherwise. It lives only to praise its Lord. To sing songs of praise to the One to whom it belongs. And though this seems impossible, I worship You more with every breath. I give myself to You even more. I love You, Father, even more. Until the day You call me to Yourself. And in Your grace I will know You as You have known me since the beginning of time. And so, merciful Father, do with me what is pleasing to You. Send me where You want me to be. Put into my mouth the words You want to be said. Because I am all Yours. Because I belong only to You. And I want what You want for me. Your will is my will. For I no longer live, but You live in me. No longer two, but forever One. The One Who Is.

Amen.

Read: Eph 5:14-20

This prayer was written on December 29, 2016. The link to the multimedia version of this prayer is on the blog: "http://zielonyzeszyt1977.pl/modlitwy/modlitwa-uwielbienia-ukochany-ojcze-me-serce-wypelnia-radosc.

98

Prayer

Blessed Father, how wonderful it is to see the holy fruits of Your Presence!

Blessed Father, how wonderful it is to see the holy fruits of Your Presence! How wonderful to see so many young people ignited by the fire of Your Spirit! Worshipping Your name! Offering You their lives! How wonderful to see that joy and peace flowing from their hearts where there is no room for anything but You. It is they who will bear witness to Your immeasurable grace in the

future. They are the ones who will show with their lives that You are not dead, that You are in us, that You lead us. And the memory of You will be in Your people for all time.

Merciful Father, thank You for the beautiful gift of reconciliation with You. For the moment when I could confess my sins. And once again feel the infinite fullness of the Father's love. I could feel how much You loved me. How much You want me to live only for You. To keep my eyes fixed on the One who is the Way, the Truth and the Life. And none of my iniquities are a stumbling block for You. Nothing can separate me from You. For You have loved us to the end.

Almighty Lord, my Father, I cannot express in words my gratitude. My joy. My praise for Your wonderful gifts that You have prepared for us. For the inheritance You have destined for us. Which will become ours to the extent that we accept what is Your will for us. To the extent that we deny ourselves, take up our cross, and follow Your Beloved Son, Jesus Christ.

So from now on, Father, this is how I want to live. I don't want anything that is not Your will. I don't want what I choose for myself. All I want is You. Your light. Joy. Love. Peace. Life. Fill me with Your Presence so that there is no room for anything else. So that I am no longer there. Only You are there. Forever. The One Who Is.

Amen.

Read: Rom 10:9-10

This prayer was written on December 31, 2016. The link to the multimedia version of this prayer is on the blog: "http://zielonyzeszyt1977.pl/modlitwy/modl itwa-blogoslawiony-ojcze-jak-wspaniale-jest-widziec-swiete-owoce-twojej-obecnosci.

99

Prayer of Entrustment

Beloved Father, into Your hands I commit my life

Beloved Father, into Your hands I commit my life. To You I give my every breath. To You I submit my every gesture. Into Your hands I entrust my every word. Do what You want with me. Send me where You want me to be. For it is Your will alone that I wish to live out. It is only in Your light that I want to walk through the world. In Your Presence I want to live every moment of my life. Until in Your grace You call me out of this earthly life to know You as You have known me since the beginning of time.

Amen.

Read: John 14:6

This prayer was written on January 1, 2017. The link to the multimedia version of this prayer is on the blog: ilonyzeszyt1977.pl/modlitwy/modlitwa-zawierzenia-ukochany-ojcze-w-twoje-rece-oddaje-swe-zycie.http://ze

100

Prayer

Almighty Lord, pour out Your Spirit upon us today!

Almighty Lord, pour Your Spirit upon us today! Your Spirit, Lord, pour it out on us today! Guided by the power of Your Spirit, may we pass over everything that draws our attention away from You. So that we wouldn't turn our eyes to earthly cares, thoughts, fears, anxieties, sorrows, as if they had the power to overcome You. As if they were more real than You. As if they were more important than You.

Merciful Father, please fill me out with Your wisdom, in which there is no place left for anything but You. Where I look at everything the way You want me to look at it. Where I see brothers and sisters as Your Beloved Son, Jesus Christ, saw us. Where it is clear to me that all earthly cares and joys come and go, and only You truly Are. Beyond time and space. Beyond good and evil. And where I know that Your will for me is unity with You. In which there are no longer two. But forever One. The One Who Is.

Beloved Father, I answer Yes today: Yes, I only want You! More than anything I've accomplished myself. More than my thoughts and beliefs. More than all the knowledge I've accumulated. More than all the laws this world gives me. More than myself. I give it all to You. So that You would be the only One who remains. Only You. Now and forever and ever.

Amen.

Read: Acts 1:6-8

This prayer was written on January 2, 2017. The link to the multimedia version of this prayer is on the blog: "http://zielonyzeszyt1977.pl/modlitwy/modlitwa-wszechmogacy-panie-wylej-dzis-na-nas-swojego-ducha.

101

Prayer

Merciful Father, we want more of You!

Merciful Father, we want more of You! We want more of Your love! More of Your light! More of Your peace! Because we live only for You. We want to be a tool in Your hands. We want to be where You want us to be. To speak what Your Spirit places in our mouths. Give witness everywhere that You are alive among us. That You want salvation for everyone. That You have allotted to each the fullness of Your grace. That nothing can separate us from Your love. That with the holy sacrifice of Jesus Christ all things were accomplished. You brought us from death to life. You have overcome sin. And we are free in You. As for our part it is only to accept this gift. And when with a sincere heart we surrender to You all that seems to tell us what can or cannot be true, You reveal Your glory to us. Because we will be no more. But only You. There will be no more doubt, only certainty. There will be no more questions, only the Answer. There will be no more darkness, only Light. There will be no more death, only Life.

So now, beloved Dad (Abba), into Your hands I entrust all that seems to separate me from You: thoughts, knowledge, beliefs and opinions, possessions, joys and sorrows, euphoria and fears, successes and failures, certainties and doubts, brothers and sisters, children, spouses and parents, everything and everyone. Myself. So that there wouldn't be two anymore. But forever One. The One Who Is.

Amen.

Read: John 6:43-48

This prayer was written on January 3, 2017. The link to the multimedia version of this prayer is on the blog: "http://zielonyzeszyt1977.pl/modlitwy/modlitwa-milosierny-ojcze-chcemy-wiecej-ciebie.

102

Prayer

Blessed Father, I want to be like a little child in Your arms

Blessed Father, in Your hands is the life of each of us. You decide what will happen and what cannot happen. Each of us lives for You and dies for You. And we, wanting to discern good and evil, often judge too soon what You have prepared for us. In the face of adversity, pain, suffering, loneliness or depression, we see You as the bully, the bad father who abandoned his children. Then a moment later, when what happens to us agrees with our expectations, we praise You and sing songs of worship. We behave like children who think they understand something, that they know, that they can correctly judge what happens to them, while they understand so little. Because no one will ever understand Your ways. No one is able to grasp with human understanding the divine plan of salvation which You have prepared for us. But understanding is not needed to perceive the fruit of Your action. To experience Your Presence. Therefore those

who have enough humility to let go of the desire to understand, to be right, to "know", are the ones who embrace the Kingdom of Heaven like children. They are the ones who will know the Truth that will make them free. And the peace of God, which surpasses all knowledge, will guard their hearts and their thoughts in Christ Jesus.

So now, merciful Father, I want to be like a little child who worries about nothing, who has no cares, because he knows he is in the best possible hands. Who in everything and always gives You the lead. Into Your hands he entrusts his fate. He wants to live Your will. "Jesus, You take over." And when he gives himself up, You come to him with Your gifts: love, peace, freedom. Life. Fill me with You. Do away with the remnants of pride and arrogance. The faith that I can save myself. Because I want You to be the only One left. Forever One. The One Who was, Who is, and Who is to come.

Amen.

Read: Luke 18:16-17

This prayer was written on January 6, 2017. The link to the multimedia version of this prayer is on the blog: "http://zielonyzeszyt1977.pl/modlitwy/modlitwa-blogoslawiony-ojcze-chce-byc-jak-male-dziecko-w-twoich-ramionach.

103

Prayer of Worship

Righteous Lord, I praise Your holy Name

Righteous Lord, I praise Your holy Name! I thank You for Your incomprehensible goodness, for Your love in which You have prepared a place at Your side for each of us. You want salvation for each of us. To each of us You want to give the fullness of Your gifts. You want to take us from death to life. In Your infinite goodness, You do not make us wait years for these promises to be fulfilled. Oh, no! You are ready to open the gates of Your Kingdom to anyone who chooses You at this moment, in this very second. And to fill his heart with peace, joy and a love to which nothing can compare. You want to show Your children the freedom where we can be as You created us to be.

Beloved Father, at this moment I give to You all that I have accumulated for so long. All beliefs. All knowledge. Joys and sorrows. Fears. Injuries and harms. All that I believed I was entitled to receive from the world. All rights. Responsibilities. Relationships. So that You are the only one remaining for me. So that I would see only You. In everything. In everyone. In myself. So that there wouldn't be two anymore. But forever One. The One Who Is.

Amen.

Read: John 8:31-32

This prayer was written on January 9, 2017. The link to the multimedia version of this prayer is on the blog: "http://zielonyzeszyt1977.pl/modlitwy/modlitwa-uwielbienia-sprawiedliwy-panie-wychwalam-twoje-swiete-imie.

104

Prayer of Entrustment

Merciful Father, my life is in Your hands.

Merciful Father, my life is in Your hands. Into Your hands I entrust my fate. To You I surrender all doubts, thoughts, knowledge, rights, and all that I have cherished for so long. I want to be like a little child cuddled up to its mother who needs nothing but her closeness. I want to immerse myself in You. So that I am no longer there. There is only Your peace. Your love. Your freedom. Your silence. So that You are the only one left. Forever the One Who Is.

Amen.

Read: Luke 18:15-17

This prayer was written on January 11, 2017. The link to the multimedia version of this prayer is on the blog: "http://zielonyzeszyt1977.pl/modlitwy/modlitwa-zawierzenia-milosierny-ojcze-w-twoich-rekach-jest-moje-zycie.

105

Prayer

Righteous Father, how great is Your patience for us!

Righteous Father, how great is Your patience for us! How immeasurable is the love You bestow upon all Your creatures! What wonderful gifts You have prepared for us all! Because You want salvation for each of Your children. You want to offer us Your peace. Your love. Your freedom. You want to offer Your life. But to receive the immensity of these graces, we must trust in You. And to abandon all that we have accumulated ourselves. Abandon ourselves, accept Your cross and follow Jesus Christ. Lay our free will at Your feet and live what You have prepared for us. Be like little children who trust their Father implicitly. Who entrust their lives to Him. Who can rest in peace because they know that everything they need will be provided for them. Who trust because they know, not because they understand.

Almighty Lord, into Your hands I place my will today. I only want what You have intended for me because I know that only in You do I have joy. Peace. Love. Freedom. Life. And like the prodigal son, I have tasted the fruits of a life without You. I know how much I can accomplish on my own. And by Your grace, Father, I have come to know the gifts that flow from the heart of the One who loved us to the end. And so there is no doubt within me. There is no dilemma as to what to choose. I just want You. So that what was once me dissolves into Your Presence. So that You would be the only One who remains. Forever the One Who Is.

Amen.

Read: Matt 11:25-27

This prayer was written on January 13, 2017. The link to the multimedia version of this prayer is on the blog: "http://zielonyzeszyt1977.pl/modlitwy/modlitwa-sprawiedliwy-ojcze-jak-wielka-jest-twoja-dla-nas-cierpliwosc.

106

Prayer for Lent

Beloved Father, I leave nothing for myself

Merciful Father, it takes so little for You to reveal Yourself to each of those who desire You. You don't want big sacrifices from us. You don't want weeks of fasting. You don't want miles of pilgrimage. Hours of prayer. Disposal of all our possessions. Abandoning family and locking ourselves in a hermitage. Bodily mutilation. You don't want offerings and sacrifices from us. You only want our love. Our trust. Our faith. Submission to Your will. Placing our lives into Your hands.

Therefore, Beloved Father, now I leave nothing for myself. All that I have treasured, loved more than You, I lay down at Your feet. From now on, I only want to see You. Everywhere. In everyone. And I will not believe the whispers of anyone who wants to separate me from You. Because I know that You want salvation for me. You want to give me Your peace. Your love. Your freedom. A life in You. Today I am ready to respond to Your eternal invitation. So that there wouldn't be two anymore. But forever One. The One Who Is.

Amen.

Read: Matt 9:13

This prayer was written on January 16, 2017. The link to the multimedia version of this prayer is on the blog: "http://zielonyzeszyt1977.pl/modlitwy/modlitwa-na-wielki-post-ukochany-ojcze-nie-zostawiam-nic-dla-siebie.

107

Prayer

Merciful Father, into Your hands I entrust my life

Righteous Father, in You is our hope! In You we can find rest! In You we have freedom! You are our life! In Your arms we find comfort. When we understand that we are here to give our lives to the One who created us, a peace that surpasses all understanding envelops us. We will know the Truth, and it will make us free. But until then, we explore other avenues. We trust in our own strength. We believe that it is our destiny to decide our own fate. To realize our goals. Achieve our own dreams. To be happy according to our plans.

And You, Lord, are waiting for us patiently. Because You know that without You, everything we can accomplish here will only be momentary. It will dissolve or turn into its opposite. Joy into sorrow. Fulfillment into dissatisfaction. Euphoria into depression. Knowledge into a void of ignorance. Love into hate. Peace into war. Health into disease. Life into death. So when we are ready for more than what this world is able to offer us, we discover Your eternal invitation. Your silence in which You speak to us. Your peace that nothing can disturb.

Merciful Father, into Your hands I entrust my life. Into Your hands I commit myself. And all that I've I believed in. All I wanted to control. All I wanted to know. Because now I know I have everything in You. You are my Way, Truth and Life. And I don't need anything else.

Amen.

Read: Ps 131

This prayer was written on January 19, 2017. The link to the multimedia version of this prayer is on the blog: "http://zielonyzeszyt1977.pl/modlitwy/modlitwa-milosierny-ojcze-w-twoje-rece-powierzam-swoje-zycie.

108

The act of giving life to God

Fill me with Yourself, Father, completely

Merciful Father, in You I have everything. You are my Way and Truth and Life. You are the air I want to breathe. You are the light in which I want to walk. You are the love that I want to be as I am nestled inside of You. Fill me with Yourself, Father, completely. So that there wouldn't be two

anymore. But forever One. The One Who Is.

Amen

Read: John 12:23. 24-26

This prayer was written on January 21, 2017. The link to the multimedia version of this prayer is on the blog: "http://zielonyzeszyt1977.pl/modlitwy/akt-oddania-zycia-bogu-wypelnij-mnie-soba-ojcze-calkowicie.

109

Prayer

Blessed Father, my heart wants to sing a joyful song of praise!

Blessed Father, my heart wants to sing a joyful song of praise! How wonderful it is to live in Your embrace! How wonderful to give everything back to You! How simple life becomes when You are my guide! When I become like a child who gives everything to his beloved Dad. Who knows he doesn't have to worry about anything because he is in the best possible hands. A child who neither has to understand nor know, neither judge nor decide. He simply is. He abides in the embrace of a beloved parent. And enjoys every moment.

Righteous Father, we all belong to You. We live for You. We die for You. Whether we know it or not. And sometimes our hearts are filled with a certainty that You are not there. We are convinced that all religions are just legends invented to control people. And everything we see confirms this belief. After all, the evil among the people who proclaim Your existence contradicts Your infinite justice. The suffering and incurable illnesses of young, innocent children confirm that You are not a good Father. And the deaths of innocent beings murdered since the beginning of time in countless wars, often instigated in Your name, proves that You either do not exist or that You do not know mercy. Or maybe that You are not omnipotent, and not everything happens the way You planned.

Almighty Lord, no one can comprehend You with reason. It is not possible for anyone who does not want to see You to be convinced of Your existence. But just the blink of an eye in which You reveal Your glory and power is enough for all rational arguments to cease to matter. All it takes is the moment in which You pour Your knowing into us, fill us with Your light, and all questions and doubts will pass away like a dream in the morning. And we, filled with Your Spirit, will see everywhere the proof that You are alive among us. In every neighbor we will see Your Beloved Son, Jesus Christ.

Blessed Father, fill me with Your light. Fill me with Your peace. Fill me with Your joy. Fill me with Your love. Fill me with Your freedom. Fill me completely with Yourself. So that I know nothing

but You. So that there will be only You. So that there will no longer be two. But forever One. He Who Is. Forever and ever.

Amen.

Read: John 1: 1-4

This prayer was written on January 26, 2017. The link to the multimedia version of this prayer is on the blog: "http://zielonyzeszyt1977.pl/modlitwy/modlitwa-blogoslawiony-ojcze-moje-serce-chce-spiewac-radosna-piesn-uwielbienia.